

### The Next Chapter

CDHA Graduating Student Presentation 2019



#### **CDHA: Your National Association**

### Our Mission

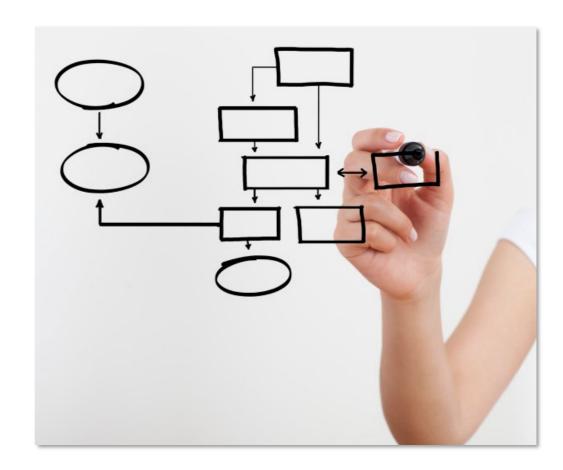
CDHA exists so that its members are able to provide quality preventive and therapeutic oral health care as well as health promotion for the Canadian public.





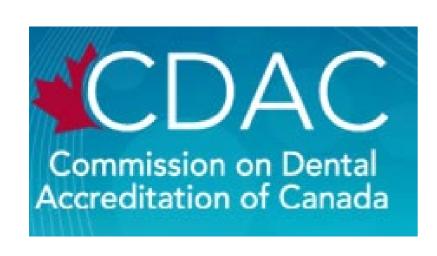
#### Dental Hygiene Organizations

- National Organizations
- Provincial Regulatory Authorities
- Professional
   Associations
- Provincial Organizations





#### **National Organizations**







- Commission on Dental Accreditation of Canada (CDAC)
- National Dental Hygiene Certification Board (NDHCB)
- Federation of Dental Hygiene Regulators of Canada (FDHRC)



#### Provincial Regulatory Authorities

- College of Dental Hygienists of British Columbia (CDHBC)
- College of Registered Dental Hygienists of Alberta (CRDHA)
- Saskatchewan Dental Hygienists Association (SDHA)
- College of Dental Hygienists of Manitoba (CDHM)
- College of Dental Hygienists of Ontario (CDHO)
- Ordre des hygiénistes dentaires du Québec (OHDQ)
- New Brunswick College of Dental Hygienists (NBCDH)
- College of Dental Hygienists of Nova Scotia (CDHNS)
- Prince Edward Island Dental Council
- Newfoundland and Labrador College of Dental Hygienists (NLCDH)
- Department of Community Services, Government of Yukon
- Department of Health and Social Services, Government of Northwest Territories
- Department of Health and Social Services, Government of Nunavut





















#### Dental Hygiene Professional Associations

- International: IFDH
- National: CDHA
- Provincial
- Local









#### **Provincial Organizations**

#### BC

British
 Columbia
 Dental
 Hygienists
 Association
 (BCDHA)

#### AB

 College of Registered Dental Hygienists of Alberta (CRDHA)\*

#### SK

Saskatchewan
 Dental
 Hygienists
 Association
 (SDHA)\*

#### MB

Manitoba
 Dental
 Hygienists
 Association
 (MDHA)



 Ontario Dental Hygienists Association (ODHA)











#### QC

 Fédération des hygiénistes dentaires du Québec (FHDQ)

#### NB

New Brunswick
 Dental
 Hygienists
 Association
 (NBDHA)



 College of Dental Hygienists of Nova Scotia (CDHNS)\*

#### PEI

 Prince Edward Island Dental Hygienists Association (PEIDHA)

#### NL

 Newfoundland and Labrador Dental Hygienists Association (NLDHA)











<sup>\*</sup>These organizations are the regulatory authorities.



#### **CDHA** Membership



cdha.ca/6Reasons



#### **CDHA** Membership

### **FREE Graduated Student Membership**



# Includes Professional Liability Insurance

### Upgrade at cdha.ca/StudentUpgrade

Registering in BC? Upgrade at cdhbc.com



### Professional Development and Resources

### **Professional Development**

- All webinars are FREE!
- Conferences
- Courses
- Workshops







### Professional Development and Resources

#### **Publications**

- Oh Canada!
- CJDH
- E-news
- Fact Sheets
- Code of Ethics
- National Entry to Practice
   Competencies and Standards document
- Clinical Practice Guidelines
- Position Papers/Statements

... and more!





#### Free with Membership

### **NEW!** Counselling Services

Workplace, stress, and family issues

cdha.ca/Homewood



### CPS Desktop/RxTx Mobile

 Online Compendium of Pharmaceuticals and Specialties—a \$389 value!

cdha.ca/CPS





#### Free with Membership

#### **CDHA Perks**

 500,000+ entertainment discounts across North America

cdha.ca/CDHAPerks



Job Board cdha.ca/Jobs





#### **Discounts**

 RED Corner Store: save big on major brands



 GoodLife Fitness: 50% off membership



cdha.ca/Benefits



#### Discounts

 Worldwide Hotel Discounts: up to a 50% discount



 Additional insurance program discounts: home, auto, disability, life, accidental death, clinic business package







cdha.ca/Benefits



## 2017 Job Market & Employment Survey

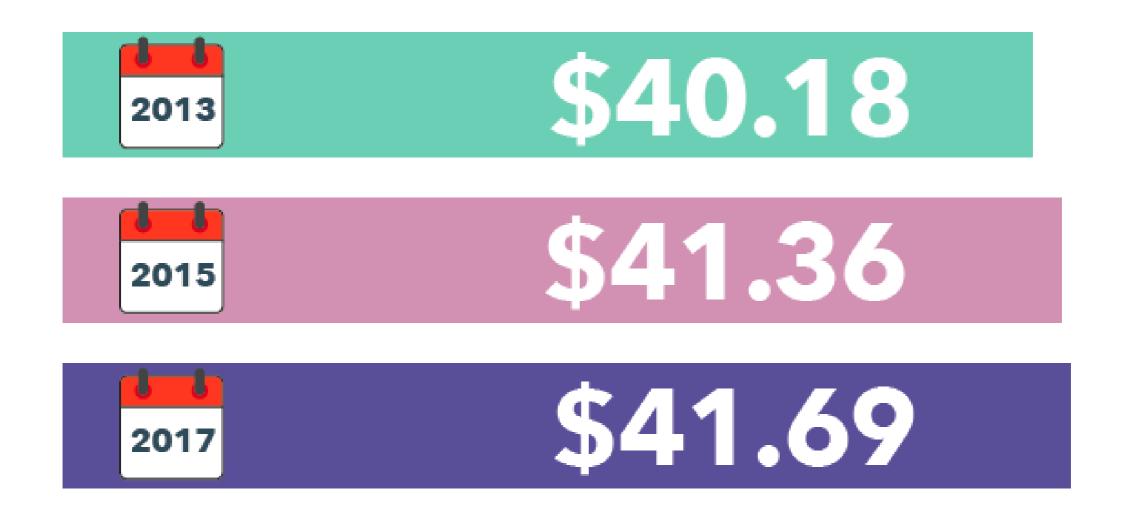


### cdha.ca/JobSurvey

**Executive Summary | Full Report | Report by Province** 

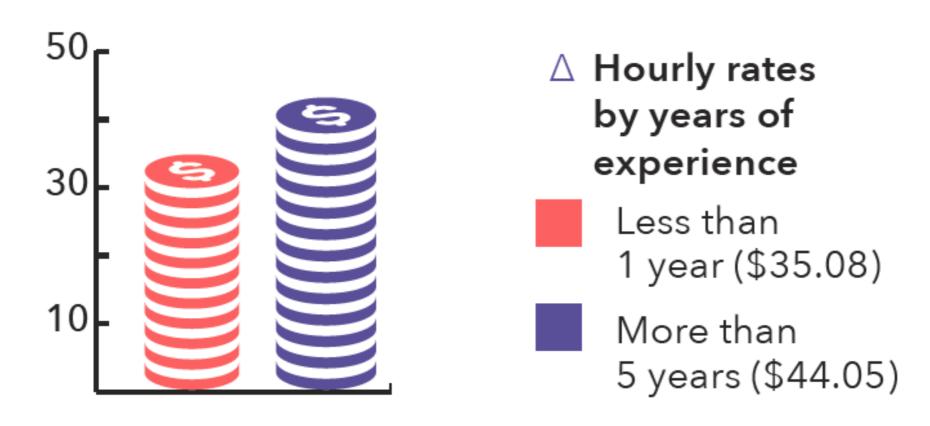


### Average hourly rate increase – first job setting





#### Experience – national average



#### Employment rate

1.3% unemployment rate among respondents vs.
 6.5% Canadian unemployment rate (as of June 2017)

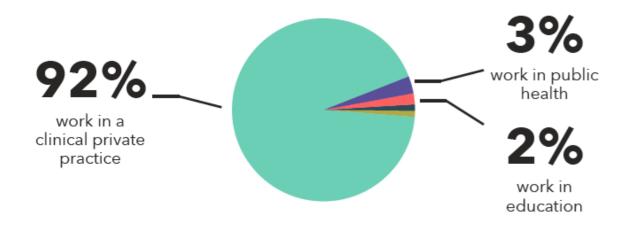


Category	What are they saying?		
Age 20-24	39% prefer to be practicing more hours		
Age 20-29	Work for more than one employer		
Age 20-34	Report the greatest salary increase		
Age 25-29	More likely to be paid on an hourly basis		
Age 25-39	77% are more likely to be working part time		

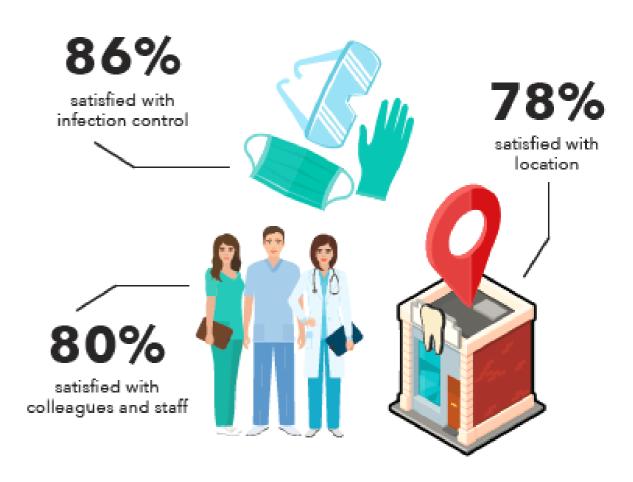


- Workplace & Environment
  - 72% work for single employer

#### Primary workplace:



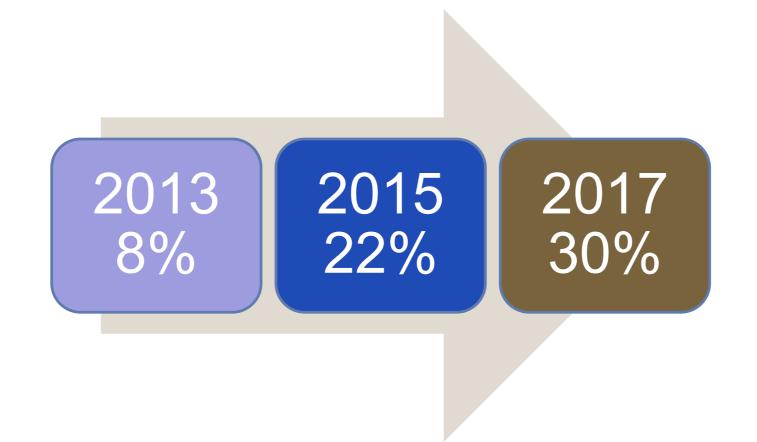
#### Workplace satisfaction:





#### Independent Practice Owners

- 46% owned practice for 1 to 5 years
- 61% store-front/fixed locations (up from 50% in 2015)
- 31% mobile practices (down from 44% in 2015)
- Owned practice 6-10 years has increased:





#### Free Webinar



#### cdha.ca/Webinars



#### CDHA's Job Board

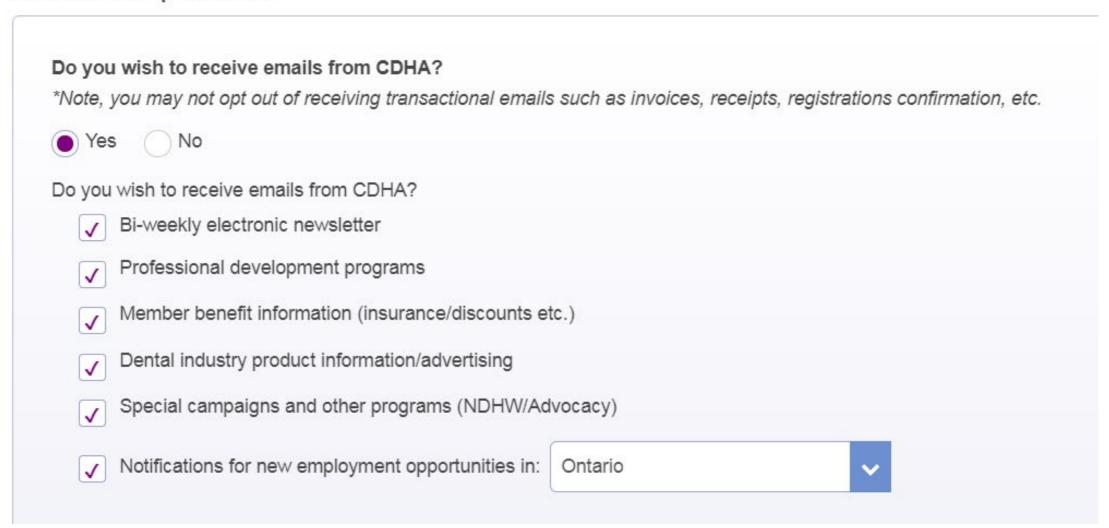


cdha.ca/Jobs



#### CDHA's Job Board – Weekly Alerts

#### Communication preferences



cdha.ca/profileedit



#### Applying for a Job

#### Résumé

- List skills, experience, abilities
- Format, editing, and design



#### Cover Letter

- First impression
- Customize
- Research employer
- Format, editing, and design





#### The Interview

### Preparation

- Research
- Practice



#### Presentation

Dress professionally, conservatively

#### Job fit

- Position / firm right fit?
- Ask questions





#### The Interview

#### Communication and etiquette

- Good verbal and non-verbal communication skills
- Listen carefully, answer thoughtfully
- Arrive early



#### Concluding the interview

- Thank interviewer, restate interest and qualifications
- Next steps
- Thank you note

#### Working interviews



#### Contracts

#### Self-employed vs. employee status

 Contract wording – determines if Revenue Canada decides you are employee vs. independent contractor

Contract <u>OF</u> service = employer-employee

Contract <u>FOR</u> services = self-employment

Sample contracts





#### Independent Practice

- Own/run business
- Work independently or lead a team
- Offer clients a wider range of choices
- Improve access to dental hygiene care







## CDHA's Commitment to Independent Practice Success

- Independent Practice Network (IPN)
  - Growing community
  - Unique membership benefits

cdha.ca/IPN

• IP Advisor – Amanda Acker: aacker@cdha.ca





## Independent Practice Network: By the Numbers

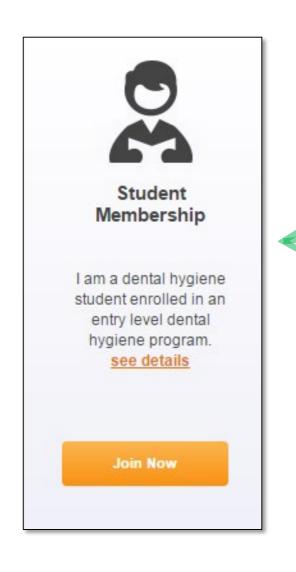
PROVINCE	#	PROVINCE	#
Alberta	117	Nova Scotia	12
British Columbia	95	Ontario	653
Manitoba	16	Québec*	6
Newfoundland & Labrador	13	Saskatchewan	8
New Brunswick	14	The North and PEI*	5

<sup>\*</sup>Québec, The North, and PEI do not currently allow dental hygienists to work as independent practitioners.



#### **CDHA** Membership

# Make sure your Student membership is current!



Join: cdha.ca/Join

Renew: cdha.ca/Renew

Call: 1-800-267-5235



#### Contact Us





cdha.ca



info@cdha.ca | membership@cdha.ca



1-800-267-5235



#### Connect With Us



twitter.com/theCDHA



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instagram.com/theCDHA



youtube.com/theCDHA



#### The Canadian Dental Hygienists Association

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