# LETTER TEMPLATE FOR MEETING REQUEST

{insert date}

{insert address}

Dear {insert name}:

As a constituent in your riding and a {dental hygienist/insert role} serving your community, I would like to take this opportunity to share with you the vital role that dental hygienists, members of the sixth largest registered health profession in Canada, play in ensuring optimal oral and overall health for Canadians. I would also like to meet with you to discuss the oral health issues affecting individuals living in your constituency.

Oral health is essential for overall wellness and it is an integral part of physical, social, and mental well-being. Poor oral health can cause pain, diminish quality of life, and contribute to serious life-threatening illnesses. Oral diseases are often chronic, painful, and disfiguring, and can disrupt eating, sleeping, and growth patterns, which ultimately diminishes quality of life. In addition, over two (2) million school-days and four (4) million working-days are lost every year due to dental visits or dental sick-days. Vulnerable families, such as low-income families and those living in rural and remote communities, carry the greatest burden of oral diseases. This is particularly concerning because most oral diseases can be prevented by daily home oral care and professional dental hygiene services.

I would greatly appreciate the opportunity to meet with you in the coming weeks to discuss these issues and the positive steps that can be taken to improve the oral and overall health of people in our riding and across Canada. Please contact me at {insert phone number and email} should you have any questions and to set up a meeting.

Sincerely,