



Top 20 Tips to Get You to Dental Hygiene Graduation & Beyond



As a Student:

1. Receive FREE CDHA Student membership: www.cdha.ca/Join
2. Renew your FREE Student membership every year by **October 31st**: www.cdha.ca/renew.
3. Get involved with CDHA and your class; apply to be a CDHA student leader: www.cdha.ca/StudentLeader.
4. Take advantage of CDHA's networking, resources, and professional development opportunities:
 - All webinars are **FREE!**
www.cdha.ca/Webinars
 - Join CDHA's Student Facebook Group
www.facebook.com/groups/CDHAstudents
5. Attend classes, ask questions, study hard, be proactive in seeking support, and succeed on your exams and assignments.
6. Meet with a career advisor/faculty advisor at your school to go over your career objectives. Find out how you can gain experience to fill any gaps before graduation to make you a better candidate for the type of career you want.
7. Complete your dental hygiene coursework. Make sure that you have completed the required number of classroom, clinical hours, and community hours.
8. Make some lifelong friends along the way!

Preparing for Graduation:

9. Apply to write the National Dental Hygiene Certification Examination at www.ndhcb.ca. (Not mandatory for licensure in Québec.)

Examination Dates

September 20-21, 2021
January 17-18, 2022
May 24-25, 2022
September 19-20, 2022

Application Deadline Dates

July 20, 2021
November 17, 2021
March 24, 2022
July 19, 2022

Preparing for Practice:

13. Once you pass the board exam, upgrade to FREE Graduated Student membership at www.cdha.ca/StudentUpgrade. CDHA's Graduated Student membership category includes professional liability insurance (PLI) coverage of up to \$5 million aggregate until December 31st of the year in which you passed the board exam. Please note that graduates who are registering in British Columbia should upgrade via the College of Dental Hygienists of British Columbia (CDHBC) at www.cdhbc.com. Your PLI coverage lasts until the last day in February of the year following that in which you passed the board exam. (Registration for licensure in Québec includes PLI.)
14. Consider other professional insurance through CDHA such as extended health, dental and disability coverage: www.cdha.ca/InsurancePrograms.
15. Apply for registration with your provincial regulatory body at www.ndhcb.ca/regulatory-authorities (Investigate regulatory requirements for practising dental hygiene in the province of your choice. Other requirements such as jurisprudence and criminal record checks may apply.)
16. Check out career opportunities: www.cdha.ca/Careers
17. Network with your dental community. Attend conferences, job fairs and community events. Check out CDHA's Oral Health Events Calendar: www.cdha.ca/Calendar
18. Embody the CDHA professional identity statement to be a better ambassador for the profession and your national association: www.cdha.ca/ProfessionalID
19. Consider taking self-initiation courses in Ontario, New Brunswick, and Nova Scotia only: www.cdha.ca/Courses
20. Embrace lifelong learning by staying involved with CDHA through events, courses, and committees.

10. Prepare for your board exam with these tips: www.ndhcb.ca/exam-preparation
11. Pass your board exam.
12. Celebrate passing your board exam!