



THE CANADIAN DENTAL
HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE
DES HYGIÉNISTES DENTAIRE

Top 20 Tips to Get You to Dental Hygiene Graduation & Beyond



As a Student:

1. Join CDHA with FREE student membership and receive automatic renewal of your student membership every year: cdha.ca/join
2. Start saving with CDHA Perks featuring discounts on everyday purchases from hundreds of businesses: cdha.ca/CDHAPERKS
3. Get involved with CDHA and your class; apply to be a CDHA student leader: cdha.ca/studentleader
4. Take advantage of CDHA's networking, resources, and professional development opportunities:
 - All webinars are **FREE!**
cdha.ca/webinars
 - Join CDHA's Student Facebook Group
facebook.com/groups/CDHAstudents
5. Attend classes, ask questions, study hard, be proactive in seeking support, and succeed on your exams and assignments.
6. Meet with a career advisor/faculty advisor at your school to go over your career objectives. Find out how you can gain experience to fill any gaps before graduation to make you a better candidate for the type of career you want.
7. Complete your dental hygiene coursework. Make sure that you have completed the required number of classroom, clinical hours, and community hours.
8. Make some lifelong friends along the way!

Preparing for Graduation:

9. Apply to write the National Dental Hygiene Certification Examination at ndhcb.ca. (Not mandatory for licensure in Québec.)

Examination Dates

September 19–20, 2022
January 26–27, 2023
May 24–25, 2023
September 19–20, 2023

Application Deadline Dates

July 22, 2022
November 20, 2022
March 24, 2023
July 19, 2023

10. Prepare for your board exam with these tips: ndhcb.ca/exam-preparation
11. Pass your board exam.
12. Celebrate passing your board exam!

Preparing for Practice:

13. Once you pass the board exam, upgrade to FREE Graduated Student membership at cdha.ca/studentupgrade. CDHA's Graduated Student membership category includes professional liability insurance (PLI) coverage of up to \$5 million aggregate until December 31st of the year in which you passed the board exam. Please note that graduates who are registering in British Columbia have PLI coverage until the last day in February of the year following that in which you passed the board exam. (Registration for licensure in Québec includes PLI.)
14. Consider other professional insurance through CDHA such as extended health, dental and disability coverage: cdha.ca/insuranceprograms
15. Apply for registration with your provincial regulatory body at ndhcb.ca/regulatory-authorities (Investigate regulatory requirements for practising dental hygiene in the province of your choice. Other requirements such as jurisprudence and criminal record checks may apply.)
16. Check out career opportunities: cdha.ca/careers
17. Network with your dental community. Attend conferences, job fairs and community events. Check out CDHA's Oral Health Events Calendar: cdha.ca/calendar
18. Embody the CDHA professional identity statement to be a better ambassador for the profession and your national association: cdha.ca/professionalid
19. Consider taking self-initiation courses in Ontario, New Brunswick, and Nova Scotia only: cdha.ca/courses
20. Embrace lifelong learning by staying involved with CDHA through events, courses, and committees.