

## Harriet Rosenbaum – 4 nominations

*Nominator: Cara Charlton*

I wish to nominate Harriet Rosenbaum, a friend and colleague of more than 8 years, for the Dental Hygiene Super Hero Award. H never ceases to impress me. She secretly has the super power to manipulate time. There isn't a thing this "SUPER HERO" cannot fit into her schedule. At the office she works long hours, often through her lunch or on weekends just to fit in her die hard 20 plus year patients. She manages to find time to order our office supplies, take care of radiation badges, organize our recall cards, and lead the Dental Hygienists of Garden City Dental Center. On Harriet's own time she dedicates herself as a mentor for the U of M Dental Hygiene Students. She grades PAR papers for the CDHA and helps organize the yearly Run for the Cure team in Winnipeg. She volunteers at numerous events throughout the year and most recently she was the CTV and GLOBAL face for the "Count your Sugar" campaign on TV. On top of all those Dental lifelong dedications she is a mother of 2 and wife that plays on both a hockey and ringette team. I'm positive she rarely sleeps. It is an honour and privilege to know and work with this bright, high achieving "SUPER HERO". She consistently puts people first and always has a positive attitude. I can think of no one more deserving of this award than Harriet Rosenbaum.

*Nominator: Rene Cyr*

I am so pleased to be able to send this letter of recommendation and appreciation about Harriet Rosenbaum. Harriet has been my dental hygienist for over 25 years. That should be recognized, but that would not tell the whole story. When she started working with me, I would need a blood transfusion after a cleaning, as my teeth where in that bad a shape. I would not smile, as I was ashamed of what my teeth looked like, I constantly had breath mints, on and on I could go. I know that I would not make it as a model for the dental world, but after all the years that she has been patiently working on me, I still have my own teeth. I can assure you that is a rare situation in my family of 10. It may sound odd, but I look forward to our appointments, she has kept it fun and interesting to get worked on. If it was not for her dedication, patience, humor, and commitment, I would not have persisted. She has influence my thinking of how I approach my dental care. If she did not care, I would not have cared. If I can be of any further assistance to help recognize this amazing person, please let me know.

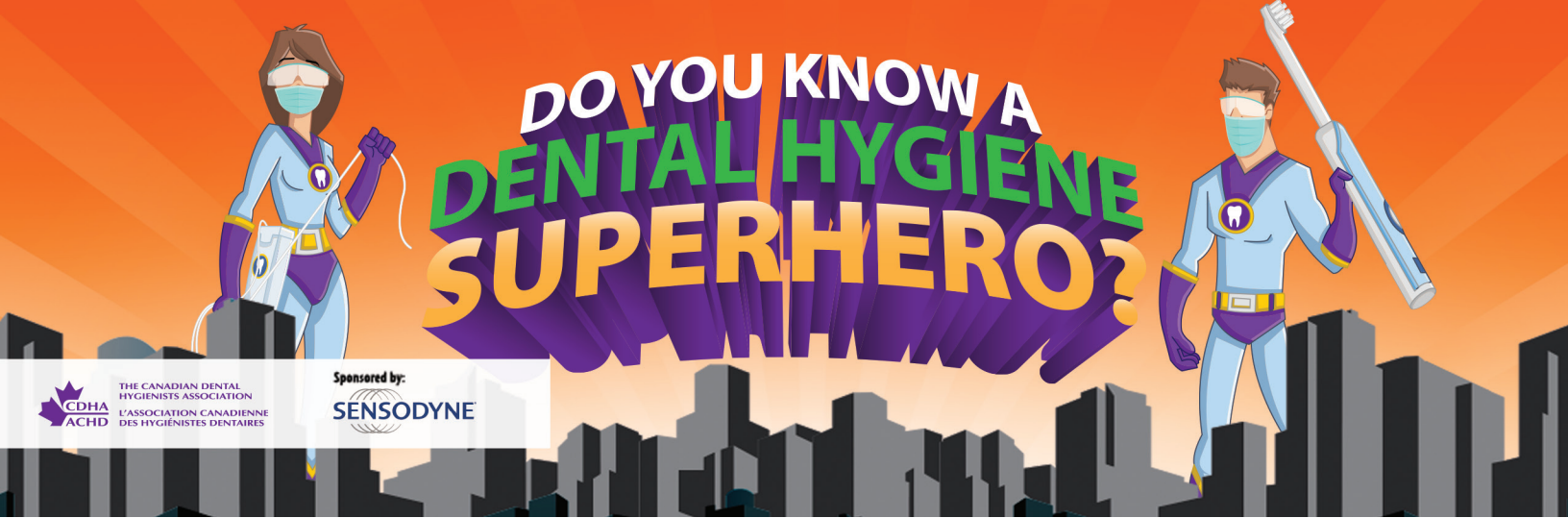


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*Nominator: Sheryl Slosower*

I came to know Harriet Rosenbaum as the College of Dental Hygienists of Manitoba (CDHM) Continuing Competency Program (CCP) coordinator/deputy registrar. Harriet volunteered to be on the CDHM CCP Reviewer Committee in 2011. She worked collaboratively under my direction to provide the registrants with CCP feedback. The College was very fortunate to have such a strong, dedicated, and enthusiastic dental hygienist. Harriet is the most devoted dental hygienist I know, not only to her profession, but as a mother, daughter, and sister. She has worked tirelessly for self-regulation in the province of Manitoba. Since 1981, Harriet has worked full time because she absolutely loves her profession, wanting dental hygiene to progress so that all her clients receive the best oral/overall healthcare possible. She has mentored countless dental hygienists into the profession. Harriet and I have had many conversations throughout the seven years we have worked together. One comes to mind as to why I believe Harriet is a dental hygiene superhero. Harriet is the only dental hygienist in her private practice office who refuses to go on commission. Why? Because she wants her clients to receive the best care she can give, Harriet is not interested in the money and possibly losing site of her clients' overall health. Additionally, Harriet has had to overcome many health obstacles in her family, but she continues to work full time, and finds the time to volunteer for our profession in many capacities. Harriet is someone 'who manifests a super-ability or superpower and generally acts heroically-is brave and self-sacrificing.' She embodies a true dental hygiene superhero.

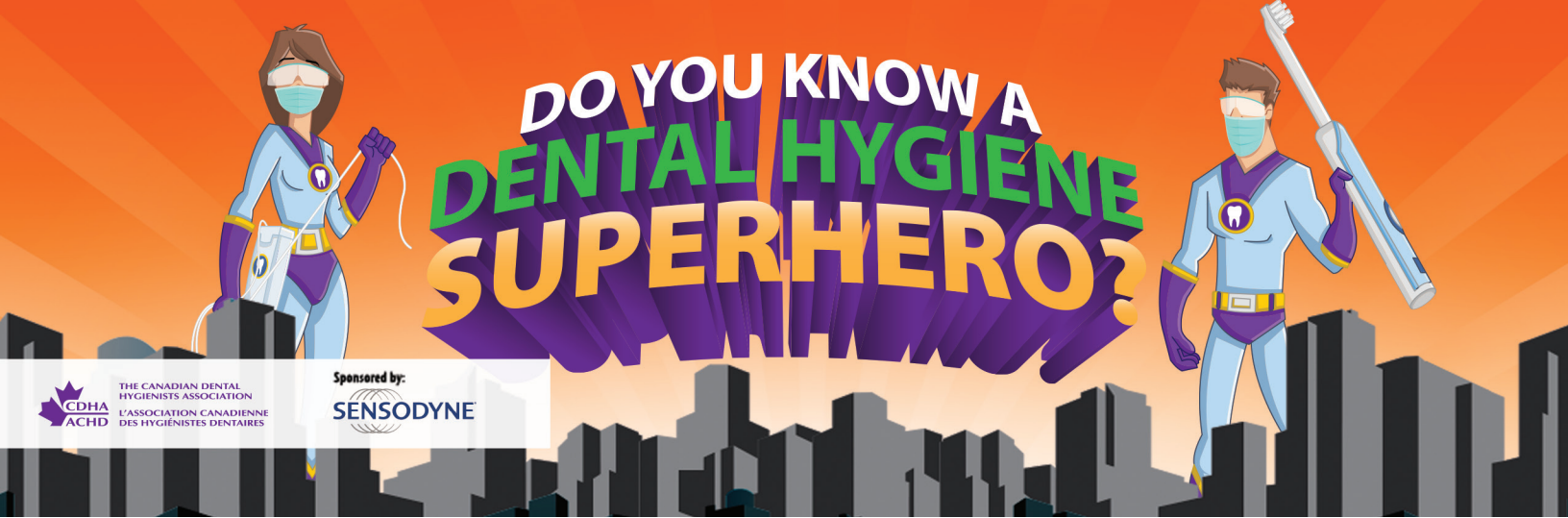


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*Nominator: Laura MacDonald*

What makes a dental hygienist a superhero? A super hero by definition is a ‘benevolent fictional character with superhuman powers (Google Dictionary, 2018)’; ‘a character possessing extraordinary powers, even magical ones (Dictionary.com, 2018)’; ‘a type of heroic stock character, usually possessing supernatural or superhuman powers, who is dedicated to fighting crime, protecting the public, and usually battling supervillains (Wikipedia, 2018). Combine those defining words with words descriptive of being a dental hygienist as per the CDHA (2010), a primary oral health care provider guided by principles of social justice who specializes in clinical therapy, oral health education, and health promotion, and indeed you have a dental hygiene superhero! Very interesting! Key to both being a superhero and a dental hygienist is social justice. I know many dental hygienists who are socially just characters. One who comes swooping to mind is Harriet Rosenbaum. Harriet has been practicing since 1981; about the same time that the fictional character, Captain Marvel appeared in The Amazing Spider-Man, Marvel Comics. She later became the leader of the Avengers (Wikipedia 2018). Captain Marvel has since morphed her codename several times and is most recently known as Spectrum. Harriet is dental hygiene’s Captain Marvel. Marvel’s extraordinary powers came about following exposure to extra-dimensional energy which gave her the ability to transform herself into any form of electromagnetic energy. Harriet’s superhero qualities came about due to immersing herself in professional association activities with a vigor and passion that was both contagious and renewing. Like Captain Marvel, her dedication to the profession and to serving and protecting public well-being is a constant and sure force; though unlike Captain Marvel’s energy which is invisible and intangible, Harriet’s is known and felt by all. It is an amazing and projecting energy. Harriet willingly accepted the post to provincially ‘man-the-fort’ of the association during the critical time when most all energies were being directed and devoted to securing self-regulation in Manitoba. Harriet provided a never-ending and over-flowing energy source fueling dental hygiene activists who fought for self-regulation. Like Captain Marvel, she morphed in time to be a continuing competency assessor for the College of Dental Hygienists of Manitoba Continuing Competency Program. In this way, she promotes public protection by facilitating quality care through competent dental hygienists. The villains she pursues are those which are barriers to direct access to dental hygiene care—she has marched parliament hill, addressed leaders, and collaborated with others to ensure Manitobans know dental hygienists as primary health care providers. From a practice perspective, she faces down villains daily through her clinical therapy, oral health

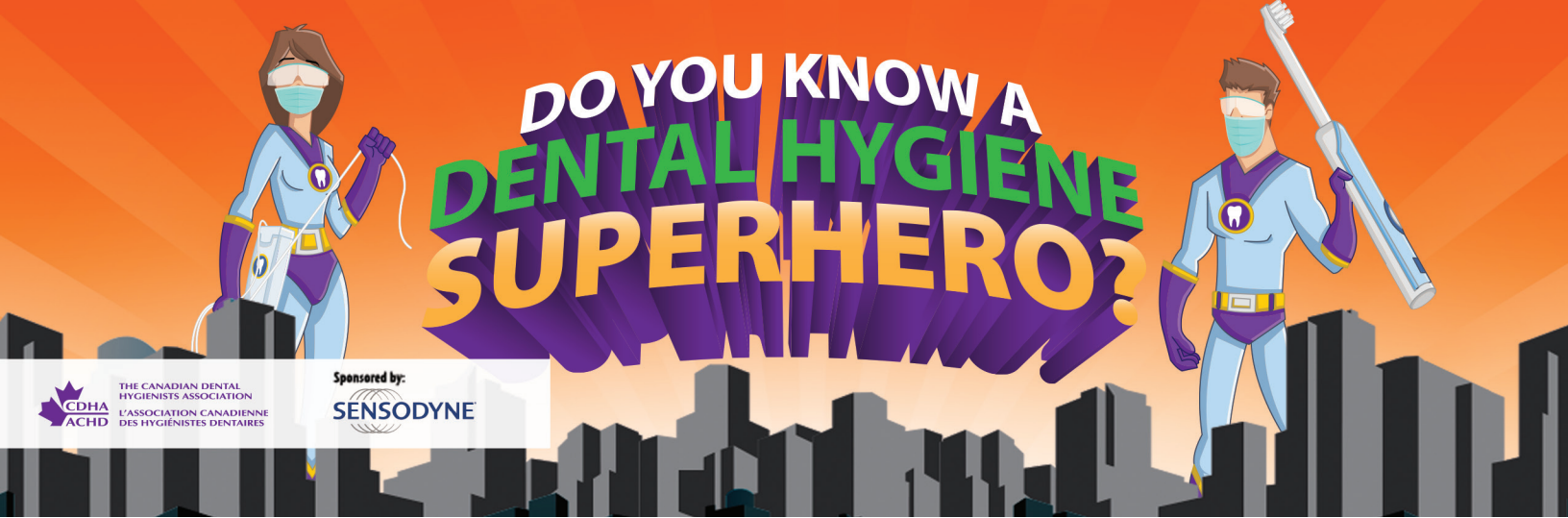


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education and health promotion dental hygiene actions. Indeed, she is a highly sought after dental hygienist known to many Manitobans as their own personal dental hygiene superhero. Story after story highlight her superhero-ship to her clients—how and why clients fought the tobacco demon with Harriet at their side; transforming thinking about oral systemic health through education both one-on-one and through community engagements; and empowering clients to adopt behaviors conducive to good oral/health via her boundless and passionate commitment to each client. People seek to thank their superhero. Harriet’s walls and cupboards are full of thank-you notes and posters of those who have known her beneficence and kindness. She is a real and transparent superhero--humble, transparent, exudes integrity, and is highly regarded by all. Harriet is a mighty superhero. Her purpose is social justice—doing what is right, and good and just for everyone. Figure 2: Harriet, the dental hygienist oral hygiene kits for clients of a women’s shelter. Harriet is a mighty superhero. Her purpose is social justice—doing what is right, and good and just for everyone.



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