



COVID-19 Update for CDHA Members **February 10, 2022**

CDHA is Here to Help

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Email us: alerts@cdha.ca

Dear member,

NACI updates Guidance on COVID-19 vaccination

On February 04, 2022, the National Advisory Committee on Immunization (NACI) updated its guidance document on COVID-19 vaccination for individuals that were previously infected with SARS-CoV-2. NACI continues to recommend vaccination for individuals with a previous history of COVID-19 without contraindications to the vaccine. Adults who contracted a SARS-CoV-2 infection after receiving their primary series of vaccines but before receiving a booster dose should be vaccinated 3 months after symptoms onset or positive test provided it has been at least 6 months from completing the primary series of vaccines. To read the suggested vaccination intervals for all scenarios, click [here](#).

Levels of antibodies following SARS-CoV-2 infections

A few studies are being released that have studied the durability of SARS-CoV-2 antibodies following a COVID-19 infection. A cross-sectional study published in JAMA online reports that 99% of unvaccinated US adults who tested positive for COVID-19 developed antibodies up to 20 months after diagnosis. Many limitations were noted with this study as it is unclear as how antibodies levels correlate with the protection against future SARS-CoV-2 infections, more particularly with emerging variants of concern. More research is needed. Read [more](#).



CDC latest Morbidity and Mortality Weekly Report

On January 28, the Centers for Disease Control and Prevention (CDC) reported a net decrease in the incidence and death rates for fully vaccinated individuals and for the ones that received a booster dose when compared to the unvaccinated population in both timeframes where Delta and Omicron were prevalent. The level of protection was highest in adults 50 years of age and older. Want to know more, click [here](#).

CDHA recognizes that these are troubling and divisive times. A reminder that CDHA's member and family assistance program with [Homewood Health](#) is available with resources and counselling. It's more important than ever to come together as individual citizens and communities, and continue to extend understanding, empathy, positivity, and kindness to one another.

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*Please be well and take care of yourselves in this difficult time.
Everyone can do their part to slow COVID-19.*

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