



COVID-19 Update for CDHA Members July 4, 2022

CDHA is Here to Help

Read our latest updates: www.cdha.ca/COVID19

Email us: alerts@cdha.ca

Dear member,

Although case numbers and hospitalizations due to COVID-19 have dropped and Canadians are adjusting to a new normal, COVID-19 is still here. CDHA will continue to provide up to date information on the situation as needed.

The risk of long-covid after Omicron versus Delta

Recently released [research](#) out of the United Kingdom details the risk of experiencing long-COVID symptoms post Omicron infection versus post Delta infection. Data showed those with Omicron infections experienced lower rates of long-COVID symptoms than those who contracted the Delta variant.

COVID-19 Immunity Task Force review

The [COVID-19 Immunity Task Force \(CITF\)](#) has released its [monthly review](#) for June 2022. It provides data about the extent of Omicron in Canada and the impact of hybrid immunity, when an individual has been vaccinated and has also had a COVID-19 infection.

Omicron BA.4 and BA.5 on the rise

[Cases of the Omicron BA.4 and BA.5 variants](#) are slowly rising in Canada. Other countries' pattern of growth may be an indicator of what we can expect in Canada. The British Medical Journal released [data](#) that shows a sharp rise of cases and hospitalizations with individuals infected with the BA.4 and BA.5 variant in the United Kingdom. [Research](#) on BA.4 and BA.5 indicates that breakthrough infections will occur despite vaccination status, although the vaccine continues to provide protection against severe symptoms.

CDHA encourages you to continue to assess your personal situation and environment to determine the steps needed to protect yourself and others.

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*Please be well and take care of yourselves.
We can all do our part to protect the health of ourselves and others.*

THE CANADIAN DENTAL HYGIENISTS ASSOCIATION
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