



## COVID-19 Update for CDHA Members October 21, 2021

### CDHA is Here to Help

Read our latest updates: [www.cdha.ca/COVID19](http://www.cdha.ca/COVID19)  
Email us: [alerts@cdha.ca](mailto:alerts@cdha.ca)

Dear member,

### Research supports effectiveness of two doses of approved vaccines against COVID-19

The BC Centre for Disease Control (BCCDC) recently released [findings](#) that show that two doses of COVID-19 vaccines are providing strong protection, including against the Delta variant. Quebec also released results on the [effectiveness of two doses of vaccine against COVID-19 in Quebec](#). You can read CBC's news article [New data suggests Canada's 'gamble' on delaying, mixing and matching COVID-19 vaccines paid off](#) for more information.

### Update on COVID-19 in Canada: Epidemiology and Modelling

The Government of Canada has posted their latest [update on COVID-19](#) and its effects in Canada. Included are the latest provincial case numbers, vaccination rates, and the effects the unvaccinated are having on provincial health care systems.

### COVID-19: Improving indoor ventilation

A reminder that good ventilation systems are one of the ways to protect against COVID-19 transmissions. This [page](#) provides guidance on how to improve indoor ventilation, the benefits of air purifiers and that fans and single unit air conditioners can increase the risk of transmission.

~

*Please be well and take care of yourselves in this difficult time.  
Everyone can do their part to slow COVID-19.*

THE CANADIAN DENTAL HYGIENISTS ASSOCIATION  
L'ASSOCIATION CANADIENNE DES HYGIÉNISTES DENTAIRES

1122 Wellington St W, Ottawa, ON K1Y 2Y7 Tel. 613-224-5515 Fax 613-224-7283  
info@cdha.ca Toll Free 1-800-267-5235 www.cdha.ca