



COVID-19 Update for CDHA Members October 07, 2021

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Email us: alerts@cdha.ca

Dear member,

RCT on the effect of mouthwashes on salivary SARS-CoV-2 load reduction

This study investigated three different types of mouthwash: cetylpyridinium chloride, hydrogen peroxide, and chlorhexidine gluconate and their effect on the salivary SARS-CoV-2 viral load of patients with COVID-19 and a high viral load. Saliva samples were collected at the time of rinsing, 30 minutes after rinsing, and 60 minutes after rinsing. All three reduced the salivary viral load, but their effect was transient. Read [more](#).

Study on the effectiveness of COVID-19 vaccines against the Delta variant of concern

This case-control study, even with its limitations, is suggesting a difference in effectiveness of vaccines on the Delta variant when compared to the Alpha variant between the first and the second dose of either the Pfizer or Astra Zeneca vaccines. The reduced effectiveness after receiving only one dose highlights the importance of having both recommended doses of vaccine to reduce hospitalizations. Read [more](#).

Pregnancy, COVID-19, and vaccines

The National Advisory Committee on Immunization (NACI) [recommends pregnant women get vaccinated against COVID-19](#) with an approved mRNA vaccine. Data has shown [no evidence](#) that COVID-19 vaccines cause fertility problems in women or men. The Centre for Disease Control (CDC) has released two statements, one regarding the [safety of COVID-19 vaccination for pregnant people](#) and the other on [the increased risk for severe illness from COVID-19 in pregnant women](#).

THE CANADIAN DENTAL HYGIENISTS ASSOCIATION
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Booster vaccine dose for long-term care residents and seniors

The National Advisory Committee on Immunization (NACI) has completed an in-depth data analysis to determine the need for a COVID-19 vaccine booster dose for long-term care residents and seniors living in congregate settings. NACI reviewed factors such as waning immunity, epidemiological trends, immunogenicity over time, economics, ethics, equity, feasibility, and acceptability. Read their [recommendations](#).

Ask the experts about the COVID-19 vaccines: a video series

Do you have questions about the safety and/or effectiveness of the approved COVID-19 vaccines? You can find information to the most commonly asked questions in a [video series](#) hosted by medical experts.

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*Please be well and take care of yourselves in this difficult time.
Everyone can do their part to slow COVID-19.*

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