



Holly Rynard, Courtice, Ontario

Holly is amazing. I don't even know where to start on her superhero story! I met Holly when she brought me on board to speak at an environmental dental hygiene seminar she was taking the lead on. Unfortunately, it did not happen due to the pandemic, but the idea behind the seminar was incredible! Holly was working on figuring out how offices can continue to follow all IPAC guidelines with the least impact on the environment. Her goal after the long hours of research was to spread the word to all dental staff on how together we can follow guidelines AND look after the planet. Even though her seminar had to be cancelled and rentals were non-negotiable, instead of being angry that she lost money, Holly actually turned around and donated as much as she could of what she had gathered for the seminar along with her personal stock of PPE for frontline workers. Just recently I overheard an independent hygienist talking about how Holly had helped them by making home-made gowns as she understands how difficult a time this is for everyone but especially the ones with rent and overhead. On top of that, I was recently catching up with Holly when she called me to place an order (I'm also a dental sales rep). Not only did she order herself the proper PPE but she also had me add on extra PPE to send out to her former dental office as she knows her old boss is having a difficult time. How amazing is that? Not only was she helping gear herself up for the return to work but she also sent out a surprise of some PPE to her old boss as a present. If all of these acts aren't superhero worthy, I'm not sure what is! Thank you so much Holly for everything you do for the dental community!!

My youngest son really hates any kind of dental work so we switched our dental cleaning appointments over to Holly a number of years ago and, even though my son would still prefer not to get his teeth cleaned, Holly is able to get the job done with zero complaints from my son. This is no small feat! Holly is patient, funny, and kind all while doing an amazing cleaning job. There is no one else I would rather go to!!

Holly is absolutely incredible. She loves all of her patients. My son asks monthly when he is going to see her, and what kid likes going to have their teeth cleaned? She is patient and caring, showing us and explaining exactly what it is that we need to do each time we visit.

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What really impressed me recently is her willingness to help. She donated all of her supplies to the medical field while fighting COVID-19 and asked for others to join in her donation. It's classic Holly, always putting others before herself.

Holly has been nothing but a delight over the few years I have known her. She also takes the extra step to make sure you know exactly what she is doing and explains what needs to be done to keep your teeth in perfect health. Holly also has taken the extra step to make sure her products are eco-friendly and to reduce her carbon footprint. I can't put into words how attentive she is to detail when it comes to dental hygiene, health and safety, and being eco-friendly. I would recommend Holly to everyone and anyone as she is a pure role model of how every hygienist should be, and I couldn't be more proud to nominate her.

Holly is a phenomenal hygienist, mother, and supporter of our community. Since the beginning of the COVID-19 outbreak Holly has put the first responders at the forefront of her concern. I am a Durham regional police officer, and Holly immediately reached out to me when she heard there was a shortage of hand sanitizer. Holly was gracious enough to donate a bottle to me to ensure my safety while working within the community. Holly recently gifted me some homemade hand soap to help nourish and moisturize my hands due to the amount of handwashing and hand sanitizer I've had to use over the past two months! Holly has gone above and beyond the call in supporting not only her community but also the first responders.

My son has autism and Holly is so wonderful with him each time that we visit her. He will sing whilst she sings and cleans his teeth. She is the only one who took the time to get to know him and knows what works to help him settle down. She is incredibly patient with him even on his bad days. He loves seeing her, as we all do. She is an amazing, caring, and beautiful person. She is our superhero.



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