



## Aiste Zevick, Surrey, British Columbia

In the over 20 years that I've worked with Aiste she has come to work everyday giving a full effort. She has never missed a day of work or been late and that is considering that during this time she has had two kids. Always greeting every patient with the biggest of smiles, Aiste is a long life learner and that impacts the excellent care each patient receives from her. She is constantly getting up to date with new and better ways to treat her patients. She takes pride in her work and in saving every tooth. After initial therapies she calls patients to make sure they are doing well. She is a gifted mentor to other dental hygienists always willing to answer questions and share her experience. After noticing that new patients were coming with failing implants in her own time Aiste researched and developed a protocol to teach other Dental Hygienists the best way to treat gums around the implants. As a colleague, Aiste supports each team member. When someone is in the hospital she visits, when someone is down she is always willing to go for a lunch break walk, when there is staff appreciation week she brings flowers. She even drove a team member to work for a year after the colleague had surgery. Aiste gives over 100 % in every aspect of her life. She is constantly thinking of ways to make everything better. Aiste is very well rounded, she is the first one to sign up for any volunteer opportunities and if possible brings her family along as for her to give back as a family and teach her kids that service to others is very important is very meaningful for her. She is a fantastic mother and wife. When not at work she puts all her energies in her family, going for daily outings, bike rides, hikes, playing basketball with her kids. She can do this as she is a planner, she plans all her meals and cooks on the weekend giving her time for the family in the evenings. Aiste is an example of a life well lived always putting full effort in everything she does while lifting everyone around her, that is why I believe she is a Dental Hygienist super Hero.

Aiste is one of the best hygienist I ever had. Very professional, details oriented. She has dentist degree from different country, so her deeper knowledge and understanding of dentistry helps her a lot in doing her job on the highest level.

I have worked with Aiste for almost 20 years and not only is she an exceptional hygienist but a valued colleague and a cherished friend. She commutes almost an hour each way to get to work and she is completely reliable and never late. She provides excellent care every day to her patients and always gives 100%. She is the hardest coworker I know and is committed to her profession, her colleagues and her patients. She is most definitely my dental hygiene superhero.

Aiste is so caring and goes above and beyond for her patients. They travel from all over the lower mainland to see her! She is truly a great person.



# DO YOU KNOW A DENTAL HYGIENE SUPERHERO?



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Aiste goes all out for her peers & patients! An amazing, kind and caring human being 💖  
I used to work with Aiste and not only is she the greatest colleague I have ever worked with, she is also my hygienist. My teeth feel so clean and she provides the best care I have ever received that I drive 2 hours to see her! She is an educator, formerly trained as a dentist, is gentle, thorough and kind. She works so hard and deserves to be recognized.

My colleague Aiste is amazing! She drives almost an hour each way to work, She works 9 hrs a day, then goes home to 2 kids, skis and bikes on the weekends. She has been at our office the longest of any staff, I believe over 20 yrs and I don't recall her ever calling in sick. She is always the same even tempered, hardworking, happy person every day, every week, every year! We all enjoy working with her!

Aiste is a true Dental Hygiene Superhero! She is an advocate for patients, dental hygiene colleagues, inter-disciplinary professionals and general human needs.

I met Aiste while working in the North West Territories; it was immediately clear that she is a very skilled hygienist. However, she is more than that, she is approachable while constantly learning and absorbing from her surroundings then implementing when it works. Aiste has excellent communication skills which she uses to give professional advice or encouragement when she is asked or observes the need. She is the kind of person that strengthens a team as she thinks about all its players (from reception to doctor and all those in between and beyond).

Aiste is a lifelong learner who possesses the skills and proficiency to educate and motivate others. She has been an instructor for the UBC Local Anaesthesia for Dental Hygienists course. She is also a professional educator for Waterpik. Aiste's drive as an educator and an academic is twofold in that she provides her colleagues with clear, experienced and practical learning to better their clinical practice.

During the COVID pandemic, as an advocate for our profession, Aiste joined the BCDHA Return to Work Committee supporting her fellow colleagues by researching and analyzing science-based documents with a focus on clinical practice and safety requirements for our profession and patients. The BCDHA Return to Work document was the result of this committee.

Aiste is an effective communicator, clear thinking and fully knowledgeable in our full scope of practice, ethics and workplace safety protocols. She is the kind of colleague that you can contact for sound professional advice regarding everything from clinical, product knowledge and even conflict/protocol resolution.



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Aiste stays current with technology and will seek out evidence-based science to support the use of any new products or technology before implementing into practice. Her goal is always best clinical outcomes and excellence in patient care. Recently I contacted a sales representative regarding new technology that she had recommended I should test. The sales rep stated "Aiste's voice and standards are invaluable". Currently she is guiding me in the journey to acquire and learn the EMS Guided Biofilm Therapy system. We do not live in the same region of BC - she has been helping to connect me with the best guidance from a distance.

Beyond Dental Hygiene Aiste and her family are conscious of human need. In 2018 her family joined her employer to build a house in Mexico over a weekend so a family could have safe shelter.

Aiste is my Dental Hygiene Superhero!!



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