

DO YOU KNOW A DENTAL HYGIENE SUPERHERO?



THE CANADIAN DENTAL
HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE
DES HYGIENISTES DENTAIRES

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Satwant Dhaliwal, Calgary, Alberta

She is professional, kind and always ensures the best care! Her work speaks for itself. Been seeing her now for 12 years and every time she is so eager to ask how my “homework” is going! She sees our entire family and is always tweaking our oral care with new and improved floss aids or specific techniques. She has a calming way about her and is very knowledgeable in any question I have asked her. One time I asked her a question about charcoal toothpaste as whitening options, she was uncertain so she researched and made a personal call to let me know. I hope everyone’s dental hygienist is as caring and wonderful at providing this type of care. To find someone I can trust in my personal space was not easy for me, but she is that special someone who once you’ve met her, you want to be booked with over and over again! I hope she wins this competition because she has truly been a superhero to myself and our family!

Sat is the only hygienist that I trust with my teeth. Many that I’ve had in the past leave my mouth sore and bleeding after treatment, Sat is very gentle and very thorough. Always a smile on her face and always professional. She is one in a million.

Sat is an amazing lady, she’s always very thorough but still gentle. She is always very friendly and really cares about her patients. I always request her when it’s time for my cleaning.

Years of being fearful of dental procedures have been relieved because of how comfortable I am with Satwant

She’s gentle nice funny and doesn't make me feel bad about my gum disease or the fact that my dog keeps eating all my mouthguards

My Hygienist Satwant took such good care of of me, I’m new to having Braces and she explained what was happening inside my gums while she was cleaning my teeth. Her interaction was wonderful and her caring manner was appreciated. Thanks Satwant!

Very pleasant experience. Satwant was thorough and careful.

Satwant is incredibly friendly and always happy. She shares stories of her 3 adorable children, laughing and smiling the whole time. She cherishes them even during the frustrations that come with parenthood! I feel incredibly comfortable around her and enjoy knowing that when I go into the dentist office, I will see her.



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I have very sensitive teeth & Satwant is always extremely gentle & very professional!

I have super sensitive teeth and Sat was awesome went through the cleaning. I will go to see her again

Satwant is always so gentle with my mouth and teeth.

Sat has been my hygienist for years. She is always in a great mood and goes about her work with effortless ease, while talking to me like I'm her closest friend. It's a treat to see her, it's better than my hairdresser! When you can say you prefer the dentist office to the salon - you know you have a great hygienist!!

Satwant is amazing and professional and I would not want to ever go to anyone else. She makes me comfortable and secure. She is also an amazing Mom of 3 and a fabulous wife! I am so lucky to have her.

Sat is not only an amazing human being but she always is there to lend a hand, an ear and/or heart to listen with. She always helps her patients to maximize their oral health and sees commitment, diligence and smiles from them. She has a strong following of patients who need to see her at every one of their appointments! Anyone who has the pleasure of having Sat educate them on their oral health leave with a knowledge and huge smile on their faces!

Satwant is my superhero!! I grew up going to Dentists and Dental Hygienists that left me with a lot of anxiety about going to the Dental office at all! I felt this way for so many years but when Satwant became my hygienist all my fears left me. She could be described as one of the most sensitive, caring, gentle people I have ever met in the Health Care Profession. I am an RN myself. From the moment I enter the room, she puts me at ease with her friendly and calm demeanour and she starts a friendly dialogue which makes me smile and puts me at ease. She always calls me by name, and explains everything that she's going to do and then does her job SO well. She is so professional in her presentation and in all she says and does. She's never in a rush, but makes me feel like I'm important, and gives me extra time for breaks when I need it. She is a fantastic Patient Educator and I feel beyond blessed to have her as my hygienist. She deserves to be recognized for the outstanding job she does. I now look forward to my dental cleanings!!

Satwant is the greatest hygienist I've ever had. She is so good at what she does and after years of being afraid of going to the dentist or just for a cleaning, she had made me feel so much better and so much more comfortable. I always look forward to seeing her when my appointment comes up. She deserves all the accolades she can get. Thank you.



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She's always smiling and have the best story and find way to make myself comfortable and improve my dental hygiene a lot! No freezing needed at my last appointment because she gave me the tools to help it!

Sat was extremely friendly and did a great job. She answered all my questions and made sure I was going home with the information I needed to take care of my teeth. When I mentioned I was experiencing pain in my molars she pulled up my X-rays and showed me what could be causing it. She explained to me the anatomy of my teeth and how we could address the pain for longterm relief and tooth preservation. She did a great job of explaining things and addressing all my concerns!

She's the best and she's a good listener.

Satwant is amazing

Satwant is an amazing dental hygienist who always puts her patients first and ensures her patients are comfortable and happy in the office! She is caring and very gentle while also thorough. I will always see Satwant for my cleanings, she is absolutely amazing and I highly recommend you choose her for being a superhero!

Satwant always makes our visits enjoyable ones! Instead of seeing my teeth cleaning as a chore, I've always look forward to it knowing I'll have Satwant take care of me. She is friendly, upbeat and can turn your day around. Some hygienists can be on the rough side, but she always takes her time to make sure I am comfortable. She is gentle yet thorough with my teeth and I truly appreciate her work!

Satwant is a superhero mom and an advocate for healthier living and healthier mouths for all! Her energy fills a room and makes everyone feel comfortable.

She is so amazing and thoughtful. Always takes the time to get to know you and how you are doing. Amazing at what she does!

I know whenever I go to the dentist that Sat is going to give me the best care possible. I always leave the dentist with a smile after I'm done.



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Satwant is an amazing dental hygienist! As soon as she comes into the room she puts me at ease. She has a warm and happy demeanour which makes such a big difference to the dental experience (especially for someone who isn't a fan of going). She knows exactly what to say to keep me calm and my mouth open. She has a gentle hand and lets me know exactly what she's going to do before she does it, explains as she's doing it and makes sure to check in with me to make sure I'm doing ok. I cannot express how much her care means to me!!

Took the time to explain everything and very friendly

I had the most pleasant teeth cleaning. No scraping plaque, she used this sort of mechanical instrument. My teeth feel awesome. Satwant was also very very pleasant to me.



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