



Tania Makani, Oakville, Ontario

I have known Tania for many years, her sense of humour while working is amazing, whenever you get service is done with her it finishes in no time because of her company. She is a very hard working

Tania is excellent at her job. She thoroughly knows her work and is very kind, humble and polite with patients. She is also updated with recent theories and implies them in her practice. Moreover, she always has the best suggestions to help the clients.

Initially, Tania chose the nursing profession. As time passes & she moved to another country she developed an interest in dentistry. Highly professional & honest person with full of life. Besides her job, she expands her services to the community as well. Never seen a person who is creative, innovative & dynamic. Always positive & keep smiling whatever the situation she is going through. Must say she is an iron woman.

I am always scared of going to a hygienist, but Tania made our dentist trip very smooth and comfortable. Now we visit every 4-6 months for our dental hygiene. She not only does an outstanding job but also gives good brushing and flossing tips to keep teeth healthy.

She is a very enthusiastic and dedicated professional who is always on the go for her client's overall health and quality of life. Proud of her and the services she's been giving for a few years.

I have known Tania for many years. I have followed her journey from being a nurse to a dental hygienist. She has worked very hard towards her goal. Canada has given her the opportunity to advance her career and broaden her horizons and she, being the superhero she is, has not missed any chance to prove how amazing she is. She is a wife and a mom to 3 kids and a puppy. She is very active on social media. She runs programs for health care. And I have yet to understand how she is able to manage to do all that and still look so cheery. Her family, her work, and her religion, all matter very much to her and she is doing a wonderful job of excelling in all those areas and more.



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Tania is knowledgeable and patient. She listens to the issues and makes patients feel at ease. She volunteers every year in the gift of the heart program. She also runs a tv show on how to maintain good mental and physical health. She makes the visit to the dentist something I look forward to!

Tania has been instrumental in taking care of not only my but my whole family's dental hygiene issues. I remember the days when people were afraid of even talking from distance due to Covid fear, but she was there addressing our ongoing concerns with a minimum of fuss. Not only that but she was making virtual teaching presentations at the community level with PowerPoint presentations and attending calls and addressing day-to-day issues on the community level with zeal and devotion. Keeping in mind her dedication to her profession and her attitude of going an extra mile for the patients and community I have no hesitation in nominating Tania for the superhero designation.

Tania is the best dental hygienist I have ever seen. I visited her when my teeth got yellow:(I was so embarrassed in front of my friends but then I came to know about her. I took an appointment with her and get my teeth fixed. I am so happy. Thank you, Tania.

Tania is an amazing human being with a heart of gold. I have seen her work with the Gift from the Heart organization as a volunteer. She is also hosting a show on local cable TV covering important health aspects. I cannot think of anyone else deserving this nomination better than her.

Hi. When my son had to go for a prom, he asked me if he could go for deep scaling of his teeth. And with my previous experience with Tania, I immediately had her in my mind. She is very talented yet very smart in her skills. She knows what to do and how to perform her best. She not only did her skills but also won our hearts with her constant smile and connectedness. You won't believe my son brought his friends also to get their teeth done too by her. She is smart, talented, well-behaved, and very skillful. Couldn't resist me but vote for her. She is the best. I vote for Tania.



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I would say the best I mean it is the best hygienist there is, I have been to so many people and the care and love I have got with her. She shows her patients that she cares, wonderful hygienist and is a wonderful person.

I know Tania since we use to live in Mississauga and we as a whole family used to go to her. She is an amazing human and a great dental hygienist. She gives us a great smile and after going to her the health and teeth of our gums are better now. We wish her good luck

She is very professional, she is great at her job, she takes ownership of her duties, she has volunteered in care for the elderly and youth boards talking about the oral health of teeth, she has a YouTube channel on teeth talk educating the public, she promotes on her TV show tips on improving health - she is the BEST.

Tania is a very good family friend, and she is our dental hygienist too. She is a very kind-hearted person and very professional. During the pandemic, she started her own YouTube channel teeth talk with Tania as all dental clinics were closed and she made some videos for us about our oral health. She is always into volunteering work like a gift from the heart and in our Ismaili community, she is always doing some seminars for seniors about health and oral health via zoom and in person. She is very active and enthusiastic in all her work. I wish her the best of luck and I wish that this year she will be in the top 3. Good Luck Tania

Kind, passionate and empathic.

Ms. Tania has been a very active member of the community. She has led several voluntary community service projects true to the spirit of helping the underserved. She has integrated her knowledge about her profession and has stood up to offer support and help translate this knowledge to people to improve their overall health of the individuals.

With great conviction, I would like to nominate Tania Makani for the “Dental Hygiene Healthcare Superhero Competition, 2022”. Currently, Tania is working as a Dental Hygienist at Oakville Dentistry. I know Tania since 2004 as competent healthcare professional. Over the course of her career, she has valued professional growth and learning from a highly diverse set of involvements, both in professional and volunteer capacities. She started her career as



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a Cardiology Nurse at the Aga Khan University Hospital (AKUH). This is one of the Prestigious hospitals in Pakistan. During her stay at AKUH, she has received numerous appreciations from the management as well as from patients and their family members for her patient-driven nursing care and quality work. Besides, she was actively involved in various voluntary services for disease prevention and health promotion. Her services were greatly admired by the Aga Khan Health Board of Pakistan. Tania's work as a dental hygienist in Canada is also admirable. I have visited once to her clinic and was truly inspired by her quality of work and communication skills with an intelligent smile on her face. Besides, this professional work she is involved in many programs as a volunteer. For example, she is running a program with the name "Gift from the Heart" for the last five years. She has also conducted several professional webinars on oral and dental issues for community people. In addition, she is hosting a TV channel with the name "Sehat or Hum". She is actively involved in creating health awareness for community people through this channel. The most exciting part of Tania's life is her family. She is taking care of 03 young kids and elderly parents. I am truly inspired by her equations to balance professional and family life and not compromise community services. I feel proud to nominate Tania Makani for the "Dental Hygiene Healthcare Superhero Competition, 2022". She is a valuable candidate for this award. Please feel free to contact me directly (information below) should you wish to discuss this letter or Tania's nomination further.

I am nominating Tania Makani as I truly believe she is a dental hygiene superhero. Though I am not a dental hygienist myself, I am a healthcare professional and Tania as a fellow healthcare professional is making wonderful contributions to improving oral health as well as the overall health in the community. Tania volunteers for improving older adults' oral health in the community; this has a great impact on those older adults who do not have access to a dental hygienist otherwise. Also, she volunteers at a public school in Mississauga to teach brushing techniques and other oral health measures to the kids. This clearly indicates that Tania's contribution is extremely important in making oral health accessible for some of the most vulnerable populations in the community, such as older adults and kids. In addition to all her services to the field of oral health, she is doing another great service to improve the overall



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health of particularly those immigrants whose first language is Urdu. Tania runs a health show called 'Sehat or Hum' which is extremely informative about the commonly prevalent health issues, where experts share their knowledge about various health conditions. I believe this is a huge contribution toward making health-related information accessible for immigrants whose first language is Urdu, eventually improving their overall health. Based on all the above efforts and services, I believe Tania is a true superhero.

Tania Makani is a wonderful dental hygienist. Throughout her career, she has helped numerous patients with utmost dignity and integrity. I vote for the best; I vote for Tania.

I like her voluntary services, she is competent, kind and friendly.



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