



THE CANADIAN DENTAL
HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE
DES HYGIÉNISTES DENTAIRES

For immediate release (Offert en français sur demande)

Media Release

Canada's Dental Hygienists Elect New President

October 5, 2020 (Ottawa, ON) — The Canadian Dental Hygienists Association (CDHA) is pleased to announce the installation of its new president, Tiffany Ludwicki, at its virtual annual general meeting on Saturday, October 3. Tiffany is from Newfoundland and Labrador and joins president-elect Wendy Stewart (Nova Scotia), past president Leanne Huvenaars (Saskatchewan), and directors Rae McFarlane (British Columbia), Alexandra Sheppard (Alberta), Kathy Yerex (Manitoba), Beth Ryerse (Ontario), Francine Trudeau (Quebec), Anne Marie Caissie (New Brunswick), Lana Clow (Prince Edward Island), and Donna Lee (North) on CDHA's board of directors for 2020–2021.



Tiffany graduated from Dalhousie University in 2008 and recently completed a myofunctional therapy program. Her passion for promoting optimal health and disease prevention stems from her longstanding work with individuals with periodontal disease. Certified as a health coach and now the owner of an independent oral health practice, Tiffany plans to take a total health approach to oral care, focusing her attention on the importance of sleep, breathing, and healthy behaviours needed for optimal oral and overall health.

As president of CDHA, Tiffany looks forward to empowering dental hygienists to pursue more professional autonomy and work more collaboratively with other health care providers. She also hopes to instill in the minds of the public, health care professionals, and policy makers an understanding that dental hygiene is an essential health service. "Given that poor oral health is correlated with chronic diseases and conditions, such as diabetes and cardiovascular and respiratory diseases, we must shift the paradigm to focus on prevention rather than intervention."

CDHA is the collective national voice of 29,251 dental hygienists in Canada, directly representing 20,000 individual members, including students. Since 1963, CDHA has worked to advance the profession and promote the importance of oral health. Dental hygiene is the sixth largest regulated health profession in Canada with professionals working in a variety of settings, including independent dental hygiene practice, with people of all ages, addressing issues related to oral health. For more information on oral health, visit: www.dentalhygienecanada.ca.

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