

CDHA STUDENT LEADER SPOTLIGHT

presented by



CDHA student leaders are selected each year to serve as representatives for each accredited dental hygiene program in Canada, and each one receives a bursary courtesy of Colgate. These students develop their leadership skills and help shape the future of the profession. Let's take a closer look at one of our amazing trailblazers!

Kristina Felder Southern Ontario Dental College

Q What do you do when you're not at school?

A I like to go to the gym, go fishing, kayaking, and rock climbing.

Q What is one thing that most people wouldn't know about you?

A I have 11 older brothers and I am the only girl in my family.

Q What is your favourite band/musician?

A Lee Brice

Q What is your favourite food?

A My mom's homemade lasagna

Q What places would you like to visit?

A Poland, Austria, and Germany

Q What is your favourite movie?

A Pride & Prejudice

Q Why did you decide to enroll in a dental hygiene program?

A I loved going to the orthodontist when I had braces and, after becoming a dental assistant and working in an orthodontist's office, I knew it was what I wanted to do as my career.

Q What makes you smile?

A Achieving goals. Whether I am helping my clients reach their dental hygiene goals in the clinic, achieving my own goals in school or my fitness goals in the gym, I am definitely doing it with a smile on my face. For me, it's all about "progress not perfection," and both achieving and setting new goals is a huge part of that.



Find out more about the CDHA student leadership program at www.cdha.ca/StudentLeader