



THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
L'ASSOCIATION CANADIENNE  
DES HYGIÉNISTES DENTAIRES

# CDHA STUDENT LEADER SPOTLIGHT

presented by



CDHA student leaders are selected each year to serve as representatives for each accredited dental hygiene program in Canada, and each one receives a bursary courtesy of Colgate. These students develop their leadership skills and help shape the future of the profession. Let's take a closer look at one of our amazing trailblazers!

## Lauren Enns University of Manitoba

**Q** *Tell us about yourself.*

**A** I was born and raised in Brandon, Manitoba, and have been married for a few years to my husband, Jesse. I was a dental assistant for three years before coming to the University of Manitoba.

**Q** *What are your hobbies and interests?*

**A** I enjoy riding my horse, snowboarding, riding my dirt bike, and spending time with family and friends.

**Q** *What is your favourite food?*

**A** Perogies

**Q** *What place would you like to visit?*

**A** I would love to go to Australia.

**Q** *What is your favourite band/musician?*

**A** I don't have a favourite, but I like country music.

**Q** *Why did you decide to enroll in a dental hygiene program?*

**A** I decided I would like to further my career in the dental field as a dental hygienist so that I could help people in a more direct way in maintaining or improving their oral health.

**Q** *What makes you smile?*

**A** My friends and family



Find out more about the CDHA  
student leadership program at  
[www.cdha.ca/StudentLeader](http://www.cdha.ca/StudentLeader).