



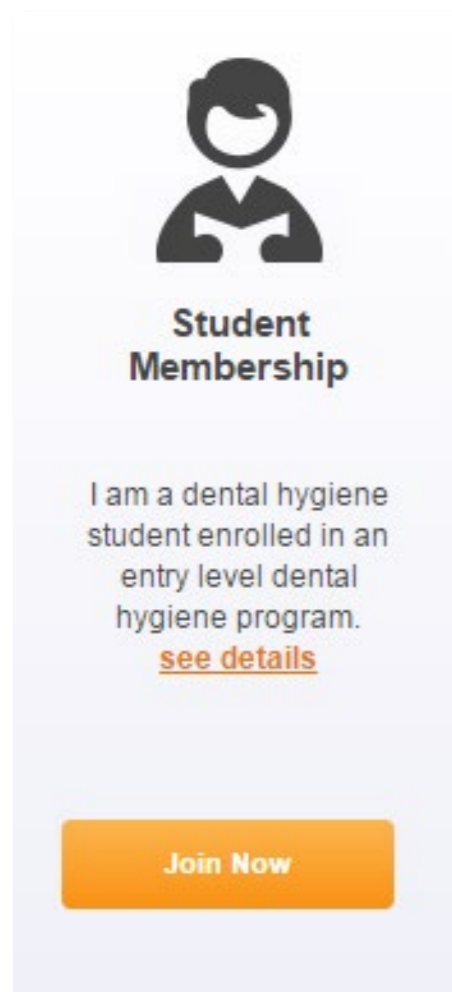
THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
L'ASSOCIATION CANADIENNE  
DES HYGIÉNISTES DENTAIRE

# Your CDHA Roadmap

Student Presentation  
2019-2020



## Student Membership is **FREE!**



**New Student Members**  
**[cdha.ca/Join](https://cdha.ca/Join)**

**Existing Student Members**  
**[cdha.ca/Renew](https://cdha.ca/Renew)**

# President's Message

**Click on the image below to view a quick video from Leanne Huvenaars**





THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
L'ASSOCIATION CANADIENNE  
DES HYGIÉNISTES DENTAIRE

# CDHA: Your National Association



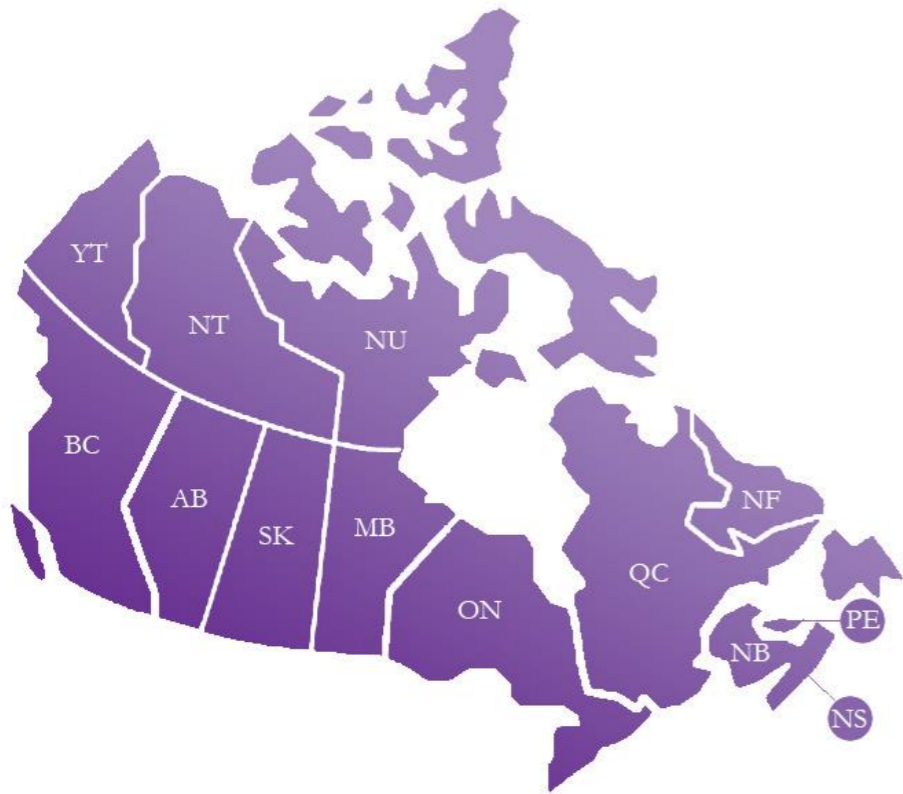
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DES HYGIÉNISTES DENTAIRE

## Mission Statement

*CDHA exists so that its members are able to provide quality preventive and therapeutic oral health care as well as health promotion for the Canadian public.*

[www.cdha.ca/mission](http://www.cdha.ca/mission)

# The History of Dental Hygiene



Province/Territory	Year
Ontario	1947
Saskatchewan	1948
Prince Edward Island	1950
Alberta	1951
British Columbia	1951
Manitoba	1952
New Brunswick	1953
Nova Scotia	1955
Yukon	1958
Québec	1962
Northwest Territories	1967
Newfoundland & Labrador	1968



THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
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DES HYGIÉNISTES DENTAIRES

# Knowledgeable Board & Staff At Your Service

## Board

[cdha.ca/Board](https://cdha.ca/Board)

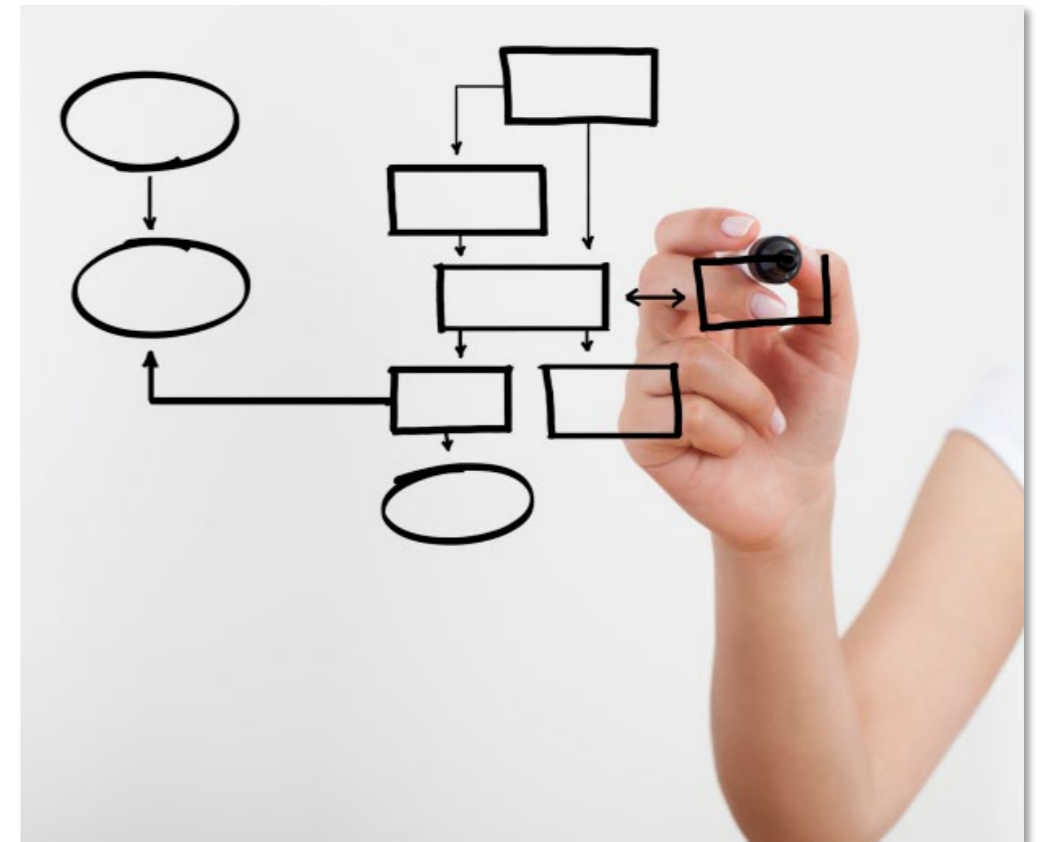


## Staff

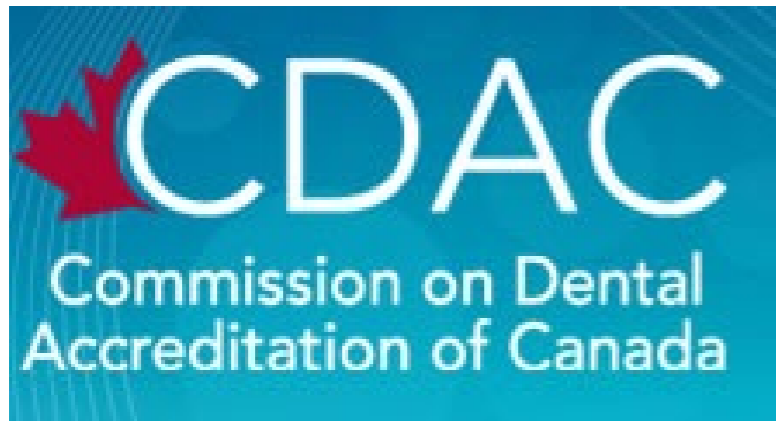
[cdha.ca/Team](https://cdha.ca/Team)



- **National Organizations**
- **Provincial Regulatory Authorities**
- **Professional Associations**
- **Provincial Associations**



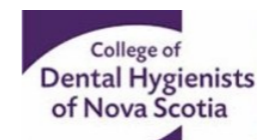
# National Organizations



- **Commission on Dental Accreditation of Canada (CDAC)**
- **National Dental Hygiene Certification Board (NDHCB)**
- **Federation of Dental Hygiene Regulators of Canada (FDHRC)**



- College of Dental Hygienists of British Columbia (CDHBC)
- College of Registered Dental Hygienists of Alberta (CRDHA)
- Saskatchewan Dental Hygienists Association (SDHA)
- College of Dental Hygienists of Manitoba (CDHM)
- College of Dental Hygienists of Ontario (CDHO)
- Ordre des hygiénistes dentaires du Québec (OHDQ)
- New Brunswick College of Dental Hygienists (NBCDH)
- College of Dental Hygienists of Nova Scotia (CDHNS)
- Prince Edward Island Dental Council
- Newfoundland and Labrador College of Dental Hygienists (NLCDH)
- Department of Community Services, Government of Yukon
- Department of Health and Social Services, Government of Northwest Territories
- Department of Health and Social Services, Government of Nunavut



## Contact Your Provincial Authority [cdha.ca/RegulatoryAuthorities](http://cdha.ca/RegulatoryAuthorities)

Home → Career → Regulatory Authorities



### Regulatory Authorities in Canada

In order to practice in Canada, dental hygienists must be registered or licensed by the appropriate provincial or territorial dental hygiene regulatory authorities. Requirements for registration or licensure varies by province or territory, including differences in clinical experience, examinations required, and continuing education requirements.

Select a province to find the contact information for each of the regulatory authorities in Canada:

Choose your province ▼

#### Dental Hygiene Regulation: A Comparison

A document to help you understand the differences in DH regulation across Canada

→ [Download Regulatory Chart](#)



Dental Hygiene Regulators of

# Dental Hygiene Professional Associations

- **Local**
- **Provincial**
- **National: CDHA**
- **International: IFDH**



# Provincial Organizations

**BC**

- British Columbia Dental Hygienists Association (BCDHA)



**AB**

- College of Registered Dental Hygienists of Alberta (CRDHA)\*



**SK**

- Saskatchewan Dental Hygienists Association (SDHA)\*



**MB**

- Manitoba Dental Hygienists Association (MDHA)



**ON**

- Ontario Dental Hygienists Association (ODHA)



**QC**

- Fédération des hygiénistes dentaires du Québec (FHDQ)



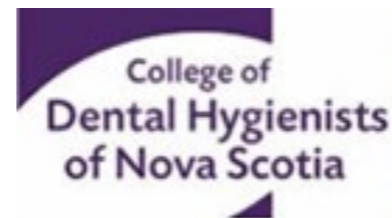
**NB**

- New Brunswick Dental Hygienists Association (NBDHA)



**NS**

- College of Dental Hygienists of Nova Scotia (CDHNS)\*



**PEI**

- Prince Edward Island Dental Hygienists Association (PEIDHA)



**NL**

- Newfoundland and Labrador Dental Hygienists Association (NLDHA)



*\*These organizations are the regulatory authorities.*

## Contact Your Provincial Association [cdha.ca/ProvincialAssociations](http://cdha.ca/ProvincialAssociations)



CDHA Members' Online Community

**Provincial Associations**

- CRDHA (Alberta)
- BCDHA (British Columbia)
- MDHA (Manitoba)
- NBDHA (New Brunswick)
- NLDHA (Newfoundland & Labrador)
- CDHNS (Nova Scotia)
- ODHA (Ontario)
- PEIDHA (Prince Edward Island)
- ▶ SDHA (Saskatchewan)

Member Search

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Part of the Change - RDH Campaign

Home → Community → Provincial Associations → SDHA (Saskatchewan)



**SASKATCHEWAN DENTAL  
HYGIENISTS ASSOCIATION**



### Saskatchewan Dental Hygienists' Association

The Saskatchewan Dental Hygienists' Association, is the collective voice and vision of dental hygiene in Saskatchewan, advances the profession in support of our members and contributes to the health and well-being of the public."

The Saskatchewan Dental Hygienists' Association (SDHA) is a self-regulating organization representing approximately 620 dental hygienists in Saskatchewan. All licensed dental hygienists in Saskatchewan are members of the SDHA and the Canadian Dental Hygienists Association (CDHA).

# QUIZ TIME!

*Prize at stake*

## True or False?

**CDHA student membership  
costs \$100.**

**FALSE: Joining CDHA as a  
student member is FREE!**



THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
L'ASSOCIATION CANADIENNE  
DES HYGIÉNISTES DENTAIRE

# CDHA: Your National Professional Association

## Why Join CDHA?

- Member discounts and benefits including **FREE webinars** and CDHA Perks
  - Student leadership program with a bursary
  - Networking and events
  - Professional development and resources
  - Awards and recognition programs
- ... and much more!





# Student Leadership Program

- **Develop your leadership skills**
- **Make connections**
- **Let your voice be heard**
- **Enhance your career**
- **Help shape the future of the profession**
- **Junior Student Representative – fall recruitment**
- **Bursary offered by Colgate**



*More information?*

Contact your **Student Representative** or visit  
[cdha.ca/StudentLeader](http://cdha.ca/StudentLeader)

# Student Leadership Program



THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
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## CDHA STUDENT LEADERSHIP PROGRAM



Kalvin Lim

CDHA student leader at UBC

Bursary provided by



# Student Leadership Program

Institution	Senior Student Representative	Institution	Senior Student Representative
Algonquin College	Nadia Soukary	Fanshawe College	Kaylynn Ross
APLUS Institute	Nana Anggraini	George Brown College	Dominika Kindrat
CADH	Courtney Aylward	Georgian College	Heather Allan
Cambrian College	Jissa Thomas	John Abbott College	Ann Charette
Camosun College	Adelène Buchanan	La Cité	Nada Hrichi
Canadore College	Gary Singh Raina	Niagara College	Carol Nigh
Cégep de Chicoutimi	<i>Vacant</i>	Oulton College	Shilah Griffiths
Cégep de l'Outaouais	<i>Vacant</i>	Oxford College	Emily Pahara
Cégep de Trois-Rivières	<i>Vacant</i>	Saskatchewan Polytechnic	Rachel Fiala
Cégep Edouard-Montpetit	<i>Vacant</i>	Southern Ontario Dental College	Kristina Felder
Cégep Garneau	<i>Vacant</i>	St. Clair College	Cassandra Rabideau
CNIH	Philip McIndoe	Toronto College of Dental Hygiene	Crystal Noel
Collège Boréal	<i>Vacant</i>	University of Alberta	Alicia Howery
Collège de Maisonneuve	Maroua Ajina	University of British Columbia	Kalvin Lim & Alison Chen
College of New Caledonia	Tori Kirkham	University of Manitoba	<i>Vacant</i>
Confederation College	Gaurav Ganjoo	VCC/Vancouver Community College	Crystal Worrall
Dalhousie University	Elise Mah	Vancouver College of Dental Hygiene	Jasdeep Jaswal
Durham College	Alexandre Alegre	VIU/Vancouver Island University	Shelby Wick

- **CDHA Conference**  
October 3–5, 2019, in St. John's, NL
- **National Dental Hygienists Week™**  
April 4–10, 2020
- **Provincial AGMs and Tradeshows**  
throughout the year
- **Community-Awareness Event**
  - **Gift from the Heart** – April 4, 2020
- **CDHA Summit**  
October 2–3, 2020, in Whitehorse, YT



## Publications

- Oh Canada!
  - CJDH
  - E-news
  - Fact Sheets
  - Code of Ethics
  - National Entry to Practice Competencies and Standards document
  - Job Market and Employment Survey
  - Clinical Practice Guidelines
  - Position Papers/Statements
- ... and more!



## Professional Development

- All webinars are **FREE**
- Conferences
- Courses
- Workshops



[cdha.ca/Education](http://cdha.ca/Education)

# QUIZ TIME!

*Prize at stake*

## Quiz Question

**In which month does National  
Dental Hygienists Week™ occur?**

**APRIL**

**[cdha.ca/NDHW](https://cdha.ca/NDHW)**





THE CANADIAN DENTAL  
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# Professional Development and Resources

# cdha.ca

## Your primary source of information

## ...and it's mobile friendly!

The screenshot shows the CDHA website homepage. At the top, there is a navigation bar with the CDHA logo, the text 'THE CANADIAN DENTAL HYGIENISTS ASSOCIATION / L'ASSOCIATION CANADIENNE DES HYGIÉNISTES DENTAIRE', a language selector for 'Français', a phone number '1-800-267-5235', social media icons for Facebook, Twitter, YouTube, and Instagram, a search bar, and a 'SIGN IN' button. Below the navigation bar is a main menu with categories: About (Inside CDHA), Community (Join in the discussion), Membership (Join, Renew, & Benefits), The Profession (Professional Resources for DHs), Dental Hygiene Canada (General Information For Your Oral Health), Career (Career Information), Education (Professional Development), News-Events (Press Releases, Upcoming Events), Corporate (Opportunities to Build your Brand), and eStore (The CDHA Online Boutique). The main banner features a photo of a smiling dental hygienist and dentist, with the text 'Your Voice Your Profession' and a 'Join or Renew' button. Below the banner are five promotional tiles: 'Join or Renew Your Membership Now!', 'FREE Colgate Classroom Kit', 'Healthy & Respectful Workplace: Resources', 'Superhero Competition: And the winners are...', and 'CDHA National Conference 2019'. A blue box on the left promotes a 'Take the Oral Care Survey from PHILIPS'. The bottom section contains three news items: 'We Want to Hear From You' (with a photo of 'Oh Canada!' magazines), 'CDHA Cannabis Resources' (with a photo of a cannabis leaf), and 'Notice of AGM' (with a photo of microphones).

## CDHA Online

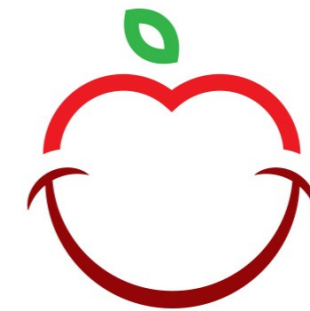
- Job Board

[cdha.ca/Jobs](http://cdha.ca/Jobs)



- Consumer Website

[dentalhygienecanada.ca](http://dentalhygienecanada.ca)



**DENTAL  
HYGIENE  
CANADA**

- Online Compendium of Pharmaceuticals  
and Specialties – desktop & mobile

\$500 value!

[www.cdha.ca/CPS](http://www.cdha.ca/CPS)



- **GoodLife Fitness**  
**50% off** membership
- **Worldwide Hotel Discounts**  
up to a **50% discount**
- **National Car Rental, CDHA  
eBookstore, FedEx  
discounts**

**GoodLife  
FITNESS**



the CDHA  
**eBookstore** 

**enterprise**  
rent-a-car

**National**

**FedEx**

**cdha.ca/Benefits**



THE CANADIAN DENTAL  
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# Free with Membership

**FREE  
WEBINARS**  
WITH MEMBERSHIP

The graphic features the words "FREE WEBINARS" in large, bold, cyan 3D letters. Below it, "WITH MEMBERSHIP" is written in white. The background is a collage of various webinar topics, including "Dental Diseases & Dental Indicators", "ORAL RINSING", "SILVER DIAMINE FLUORIDE CARIES CONTROL", and "Highlights from the 2017 Job Market & Employment".

[cdha.ca/Webinars](http://cdha.ca/Webinars)

## CDHA Perks

- Save on movies, events, shopping, dining, and more... now through Perkopolis!



[cdha.ca/CDHAPerks](https://cdha.ca/CDHAPerks)

## Student members have access to:

- Home and Auto Insurance Savings
- Financial Advisor Services

## Future benefits:

- CDHA Protect – Individual Professional Liability Insurance

## Future benefits could include:

- Disability, Life and Accidental Death Coverage
- Clinic Business Package Insurance



[cdha.ca/Benefits](https://cdha.ca/Benefits)

## **FREE** Graduated Student Membership

A vertical card for 'Graduated Student Membership'. At the top is a black silhouette of a person wearing a graduation cap. Below the icon, the text reads 'Graduated Student Membership'. Underneath, it says 'I am a new dental hygiene graduate who has just passed the NDHCB exam. (Requires an existing student membership)'. There is a link that says 'see details' in orange. At the bottom of the card is an orange button with the text 'Upgrade Now' in white.

  
**Graduated Student Membership**

I am a new dental hygiene graduate who has just passed the NDHCB exam.  
(Requires an existing student membership)  
[see details](#)

**Upgrade Now**

Includes **CDHA Protect**  
**Professional Liability**  
**Insurance**

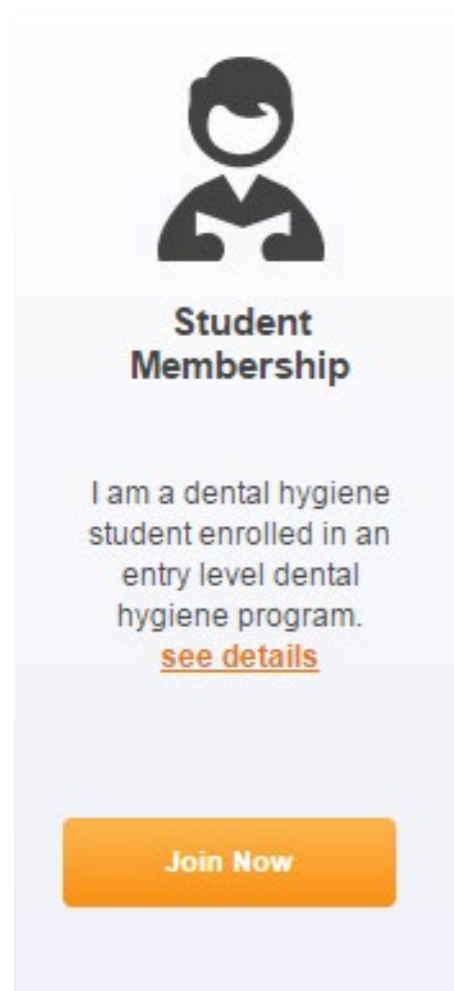



**[cdha.ca/StudentUpgrade](https://cdha.ca/StudentUpgrade)**

*Registering in BC? Upgrade at: [cdhbc.com](https://cdhbc.com)*

# Now it's Your Turn

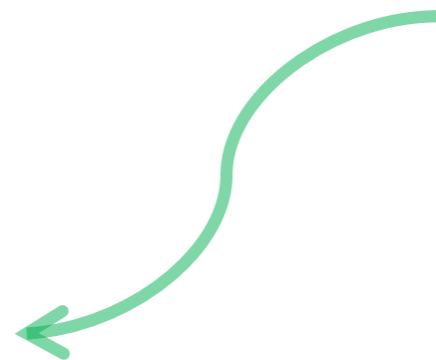
## Ready to get involved or renew your membership with CDHA?



  
**Student  
Membership**

I am a dental hygiene student enrolled in an entry level dental hygiene program.  
[see details](#)

[Join Now](#)



**Join**  
[cdha.ca/Join](https://cdha.ca/Join)

**Renew**  
[cdha.ca/Renew](https://cdha.ca/Renew)

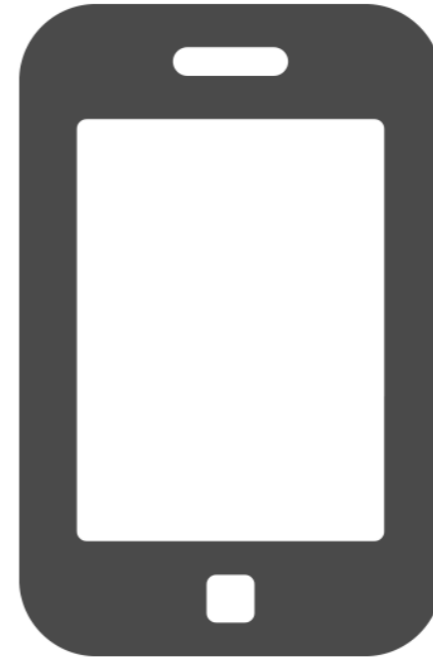
**Call**  
[1-800-267-5235](tel:1-800-267-5235)



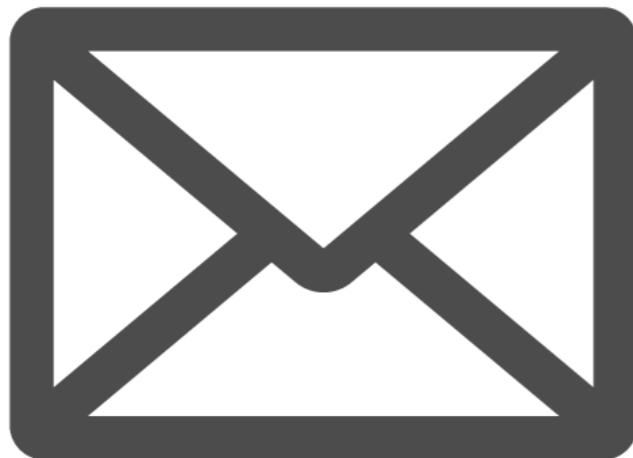
# Contact Us



**[cdha.ca](http://cdha.ca)**



**1-800-267-5235**  
(8:30 am – 4:30 pm ET)

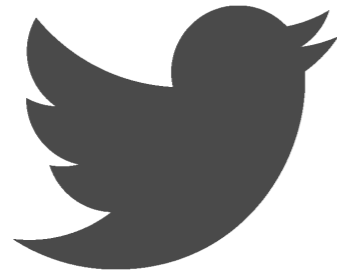


**[info@cdha.ca](mailto:info@cdha.ca)**  
**[membership@cdha.ca](mailto:membership@cdha.ca)**



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# Connect With Us



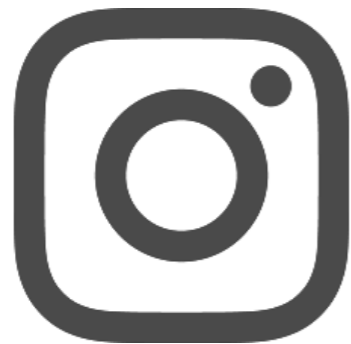
[twitter.com/theCDHA](https://twitter.com/theCDHA)



[facebook.com/groups/CDHAstudents](https://facebook.com/groups/CDHAstudents)

[facebook.com/theCDHA](https://facebook.com/theCDHA)

Request  
to join  
today!



[instagram.com/theCDHA](https://instagram.com/theCDHA)



[youtube.com/theCDHA](https://youtube.com/theCDHA)

# QUIZ TIME!

*Prize at stake*

## What CDHA membership benefit most excites you?

**CDHA Perks**

**CPS**

**Professional  
Development**

**Liability  
Insurance**

**FREE  
webinars**

**Publications**

**GoodLife  
Fitness**

**Career Site /  
Jobs**

**... and more!**



THE CANADIAN DENTAL  
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DES HYGIÉNISTES DENTAIRES

# The Canadian Dental Hygienists Association

1122 Wellington Street West, Ottawa, Ontario K1Y 2Y7

**TEL. 613-224-5515 | TOLL-FREE: 1-800-267-5235**

**info@cdha.ca | membership@cdha.ca**

**cdha.ca**





**THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION**

**L'ASSOCIATION CANADIENNE  
DES HYGIÉNISTES DENTAIRES**



**YOUR  
VOICE  
YOUR  
PROFESSION**

[www.cdha.ca](http://www.cdha.ca)