



THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
L'ASSOCIATION CANADIENNE  
DES HYGIÉNISTES DENTAIRES



# Your Voice Your Profession

## 6 Key Benefits of Your CDHA Membership

### 1. Expert-Led Professional Development

With your professional growth in mind, we offer quality, evidence-based webinars and virtual events led by subject matter experts —all for **FREE**. You also get complimentary access to our video podcast and library of recorded offerings, and special pricing for in-person events.

### 2. Best-in-Class Professional Liability Insurance

CDHA Protect professional liability insurance protects you 24/7 throughout your full scope of practice, includes an extended reporting period (i.e., tail insurance), has no deductible, and is not tied to a place of employment.

### 3. Confidential Counselling Services

We support your well-being with confidential counselling for any challenge. This service can assist you, your spouse/partner, and eligible dependent(s) with a wide range of workplace, stress, and family issues.

### 4. A Strong Voice That Makes an Impact

We listen and act—advocating for you through government engagement, in the media, and on social platforms. We are actively responding to critical workforce issues, such as proposals related to internationally trained dentists. Recent advocacy wins include the addition of dental hygienists to the federal student loan forgiveness program, fee parity for independent dental hygienists under the Canadian Dental Care Plan, and better insurance support from Canada Life and Manulife.

### 5. Resources to Advance Your Career

Dental hygiene is more than just a job, it's your career! Search our exclusive employment postings (over 1,300 positions listed annually), learn about pay rates in your area, and access employment advice and support. For members in independent practice or with an interest in this area, we offer an online community and a variety of business courses, presentations, and resources.

### 6. Tools to Foster a Healthy & Respectful Workplace

CDHA believes that every dental hygienist is entitled to work in a healthy and respectful environment. Our downloadable resources and educational materials will help you effect positive change in your workplace. Topics include physical health and ergonomics, psychological well-being, contracts and policies, and practice questions. Our Healthy Workplace Matters collaboration with the Canadian Dental Association and Canadian Dental Assistants Association also provides valuable guidance.



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CDHA has in store for you!