



COVID-19 Update for CDHA members **March 23, 2020**

CDHA is Here to Help

For quickest updates, visit: [Coronavirus \(COVID-19\)](#)
Email us: alerts@cdha.ca

Dear member,

FAQs

CDHA has received hundreds of questions from members over the past week and have prepared a series of FAQs (Frequently Asked Questions) and responses to your most common questions.

- [Government Supports](#)
- [Practice guidance for dental hygienists](#)
- [CDHA's response to COVID-19](#)

Member & Family Assistance Program (MFAP)

The COVID-19 pandemic has impacted the dental hygiene profession, our communities and our families. Free with CDHA membership, the [MFAP program](#) is a professional and proactive service to support you, your spouse/partner, and eligible dependents(s) with a wide range of workplace, stress, and family issues. Assistance is available 24 hours a day, seven days a week, 365 days of the year. If you or your family members are struggling with the current situation, please reach out.

As part of Homewood Health's [pandemic plan](#), designed to add an additional layer of protection against the spread of the virus, counselling services will be offered telephonically in place of face-to-face counselling in offices across the country. Services are also offered by video, or online (email or chat formats).

THE CANADIAN DENTAL HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE DES HYGIÉNISTES DENTAIRES

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Access additional [resources](#) to support you, your spouse/partner, and eligible dependent(s) online.

Within Canada, call 1-833-375-0629. Internationally, call collect: 604-689-1717 (English); 514-875-0720 (French).

For more information, visit cdha.ca/membershipbenefits and watch the CDHA webinar at cdha.ca/webinars.

Mental Health

Keeping well both physically and mentally is important. The Canadian Psychological Association has prepared a [fact sheet](#) with information to help people cope psychologically in the face of health risks like COVID-19.

Retraction

On Friday, March 20 we announced that Rudner Law would be providing you with a video update about commonly asked employment questions. We will no longer be releasing a video and ask that you refer to the [Employment FAQs](#) compiled by Rudner Law on cdha.ca/safetyalerts. If you have questions that have not been addressed in the FAQs, please contact the dental hygiene practice team at alerts@cdha.ca.

COVID-19 Video: Coming Soon

Gowling WLG, will offer answers to commonly asked questions about professional liability insurance and provide an overview of legal considerations.

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Please be well and take care of yourselves in this difficult time.