



## CDHA CORNER

**Hello Alberta  
dental hygienists,**

It has been an unprecedented time, learning to adapt to our COVID-19 reality and its implications for our dental hygiene appointments, our clients, and our personal lives. I hope you are all doing well. CDHA, our national association, has many resources to help you navigate the stressful situations in which you may find yourselves. I encourage you to peruse the resources in the Healthy and Respectful Workplace section of CDHA's website ([www.cdha.ca/healthyworkplace](http://www.cdha.ca/healthyworkplace)), particularly those for maintaining psychological well-being. CDHA also offers an excellent Member and Family Assistance Program.



On October 3, 2020, CDHA held its first virtual annual general meeting (AGM)! What a success it was. Typically, members who attend the AGM are primarily from the region where it is held, so attendance is less than 300. This year we had 1152 members registered, with great representation from across the country. I encourage you to watch the free AGM webinar, as well as the "Ask the Expert: COVID-19 Q & A" session with Dr. Kevin Katz, a medical microbiologist and infectious disease specialist ([www.cdha.ca/agm](http://www.cdha.ca/agm)). CDHA's board and staff are looking forward to welcoming you to Niagara Falls from October 28 to 30, 2021 for a combined CDHA and ADHA conference.

CDHA has developed many online courses ([www.cdha.ca/courses](http://www.cdha.ca/courses)) on a wide variety of topics. Enrolling in the free VEGA Family Violence Education Resources Course is an important way to develop your skills in managing and referring clients who are experiencing family violence.

Please reach out to me with your questions. Best wishes for a safe and healthy winter! Be kind, be calm, and be safe everyone!

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## WHAT'S NEW AT CDHA?

### PROFESSIONAL DEVELOPMENT

#### NEW webinars recently released:

Social Media Engagement  
Unravel the Truth Behind Flossing, sponsored by Waterpik

#### Webinars coming soon:

Cannabis Use: Symptoms & Risks, sponsored by Philips, December 16  
Acid Erosion, sponsored by GSK, February 24  
[www.cdha.ca/webinars](http://www.cdha.ca/webinars)

### OTHER NEWS

#### Conversation and Collaboration

Addressing bullying, discussing infection control, returning to work with a positive mindset and implementing care calls. Learn about all this and more with CDHA's new video series, *Conversations to Build Collaborative Workplaces*. It's your guide to creating healthier workplaces. Tips sheets also available. [www.cdha.ca/conversationandcollaboration](http://www.cdha.ca/conversationandcollaboration)

#### PPE Advocacy

Over the summer more than 1,100 CDHA members took part in our digital advocacy letter-writing campaign asking governments to consider personal protective equipment (PPE) needs for dental hygienists and other oral health care workers. Thanks for being a #voice4oralhealth!

#### 2020 Award Winners

Congratulations to the 2020 CJDH award winners: Susanne Sunell, Denise Laronde, and Zul Kanji; Kimberly Haslam, Heather Doucette, Shauna Hachey and colleagues; and Mystica Lopez de Leon (UBC). The *Oh Canada!* Readers' Choice Award winner is Natalie Muccioli Emery.

#### Membership Renewal

CDHA membership provides access to many great benefits. Check out the advantages in our infographic and video. [www.cdha.ca/6reasons](http://www.cdha.ca/6reasons)

#### Canada's Dental Hygiene Superhero Revealed!

From 755 amazing entries, Canada's 2020 dental hygiene superhero is Lisa Enns of British Columbia! She is joined by two deserving honourable mentions: Francine Leach of Nova Scotia and Marisa Mannarino of Ontario. Check out their stories at [www.dentalhygienecanada.ca/superherowinners](http://www.dentalhygienecanada.ca/superherowinners)

#### 2019-2020 Annual Report & Virtual AGM Recording

If you weren't able to attend CDHA's virtual annual general meeting (AGM), you can view the 2019-2020 annual report video presentation, financial statements, and a one-page "at a glance" report. [www.cdha.ca/annualreport](http://www.cdha.ca/annualreport). A recording of the virtual AGM and the engaging COVID-19 Q&A featuring Dr. Kevin Katz is also available. [www.cdha.ca/agm](http://www.cdha.ca/agm).

#### IPAC Facts

Use CDHA's new fact sheets to help your clients understand what you do to keep them safe and healthy during their dental hygiene appointments, preventing the transmission of infectious diseases with sound measures and protocols. [www.dentalhygienecanada.ca/IPACfacts](http://www.dentalhygienecanada.ca/IPACfacts)

